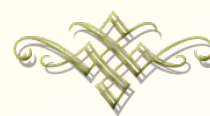


C O N T E N T S



<i>Sr. No.</i>	<i>Title</i>	<i>Page No.</i>
1.	<i>University Youth Red Cross officials</i>	
2.	<i>Messages</i>	
3.	<i>Youth Red Cross Oath</i>	
4.	<i>Introduction</i>	1
5.	<i>Aims and Objectives of Youth Red Cross</i>	1
6.	<i>History of Youth Red Cross</i>	2
7.	<i>Valuing the Role of Youth</i>	3
8.	<i>Annual Youth Red Cross Fee</i>	3
9.	<i>Composition of University Youth Red Cross Committee</i>	3-4
10.	<i>Utilization of Youth Red Cross Funds by the Universities</i>	4-6
11.	<i>Executive Committee at College Level</i>	6
12.	<i>Youth Red Cross Unit</i>	6-7
13.	<i>Objective of Youth Red Cross in Colleges/Institutions</i>	7
14.	<i>Utilisation of 50% Red Cross Fund Which Remains With The Colleges</i>	7-8
15.	<i>Bank Account in Colleges/ Institutions</i>	8
16.	<i>Audit of Youth Red Cross Fund</i>	8
17.	<i>Red Cross Emblem</i>	9
18.	<i>Report of YRC Activities of University Youth Red Cross</i>	10-25
19.	<i>Report of YRC Activities of Affiliated Institutions</i>	26-37
20.	<i>Youth Red Cross Prayer</i>	38
21.	<i>Tentative Calendar of YRC Activities for 2017-2018</i>	39-40
22.	<i>Enrolment Form for UTD YRC Volunteers</i>	41
23.	<i>Enrolment Form for YRC Volunteers for colleges</i>	42
24.	<i>Application form for Camp</i>	43-44
25.	<i>Application form for Merit Certificate</i>	45-46
26.	<i>Criteria for Youth Red Cross Merit Certificate</i>	47
27.	<i>Guide Lines for organizing Distt. Level Youth Red Cross Health Awareness/Training Camp</i>	48
28.	<i>Guide Lines/Conditions for Health Check-up/Screening camp organised by College/Institute from YRC grant, as per approval of University, YRC committee.</i>	49
29.	<i>Proforma for Annual Report of Youth Red Cross</i>	50
30.	<i>Criteria for Sir Jean Henry Dunant Trophy for Best College YRC Activities</i>	51
31.	<i>Criteria for State Youth Red Cross Awards</i>	52

Staff Associated with University Youth Red Cross Office

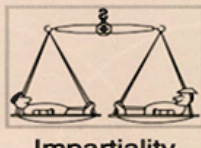
S.No.	Name	Designation	Contact No
1.	Prof. Radhey Shyam	Programme Co-ordinator	9466515045
2.	Shri R.S. More	Field Co-ordinator	9416038714
3.	Dr. Rachna Bhatelia	Y.R.C. Counsellor	9254645473
4.	Dr. Naveen Hooda	Y.R.C. Counsellor	9416958677
5.	Dr. Ekta Narwal	Y.R.C. Counsellor	9468266661
6.	Shri Balwan Singh	Assistant	9802520572
7.	Shri Satender	D.E.O.	9468344400
8.	Shri Patram	Peon	9050969499



FUNDAMENTAL PRINCIPLES OF RED CROSS



Humanity



Impartiality



Neutrality



Independence



Voluntary Service



Unity



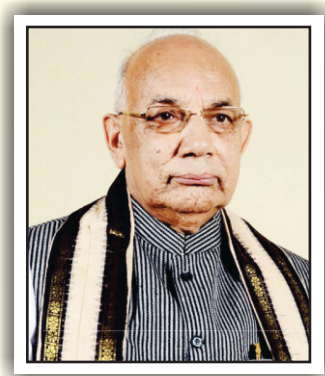
Universality

Office: Room No.104, Mechanical Block, UIET Building

M.D. University, Rohtak-124001 (Haryana)

Contact: 01262-393156

Email: mduyrcrohtak@gmail.com



Prof. Kaptan Singh Solanki



Message

I am pleased to know that University Youth Red Cross, Maharshi Dayanand University, Rohtak is bringing out a bulletin of information & progress report to highlight its programmes and achievements for the period from 1st August, 2016 to 31st July, 2017.

The youths constitute the richest wealth of a country. They develop quality of catholicity of personal integrity, personal discipline and open mindedness. The youthful period is a period of passions, emotions, activities and vigour. Because of their frontline positions in any country, their input to any development programme will go a long way in achieving desired objectives.

The youth hopes for a world free of poverty, unemployment, inequality and exploitation of man by man, a world free of discrimination on the grounds of race, colour, language and gender, a world full of creative challenges and opportunities to conquer them.

In this respect the Mission of the Indian Red Cross is to inspire, encourage and initiate at all times all forms of humanitarian activities so that human suffering can be minimized and even prevented and thus contribute to creating more congenial climate for peace. Youth Red Cross at educational institutions provides a platform to them. It is gratifying that University Youth Red Cross, Maharshi Dayanand University, Rohtak is engaged in a number of awareness programmes, such as-educating youth about working of Red Cross, sensitizing youth about health problems, prevailing social evils etc.

I convey my best wishes to Youth Red Cross, M.D.U. Rohtak for bringing out the bulletin of information & progress report and for doing good task for promotion of humanitarian activities.

(Prof. Kaptan Singh Solanki)



Bijender K. Punia
Vice-Chancellor



Message

I am glad to learn that University Youth Red Cross office is going to publish the Bulletin of Information and Progress Report for the session 2016-2017. Red Cross is an international organization well-known for its' commitment to humanitarian causes.

Youth Red Cross is an important platform for University students to contribute towards societal and community cause. YRC volunteers can work to spread health & hygiene awareness, disaster management awareness as well as participate in blood donation campaign, etc. M.D. University's Youth Red Cross Unit has been doing a commendable job. It has brought laurels to the University with its sterling contribution to multiple social causes.

I wish that students of the University Teaching Depts. and affiliated colleges join Youth Red Cross to contribute their mite towards social, humanitarian causes and national development.

Best wishes to University Youth Red Cross Unit for its future endeavors, and especially for the publication of the Bulletin of Information.

(Bijender K. Punia)



Jitender K. Bhardwaj
Registrar



Message

I am glad to learn that University Youth Red Cross, Maharshi Dayanand University, Rohtak, is printing Bulletin of Information and Progress Report from 1.8.2016 to 31.7.2017.

I am happy to note that Youth Red Cross, Maharshi Dayanand University, Rohtak has strengthened its overall capacity to education Youth about history of Red Cross, working of Youth Red Cross, importance of First-aid training in daily life. It is sensitizing youth about prevailing social evils like early marriage, dowry, female foeticide, cyber security, environmental hazards and encouraging for Blood Donation and Eye Donation. It is also spreading awareness for disaster management, anti-smoking, drug de-addiction and to help senior citizens to deal with old age ailments. Youth Red Cross is serving the humanity and proving its moto i.e. Health-Service-Friendship.

On this occasion, I extend my greetings to the coordinator, Youth Red Cross and its staff and wish the publication all success.

(JITENDER K. BHARDWAJ)



(D. R. Sharma)
General Secretary
Indian Red Cross
Haryana State Branch



Message

I would like congratulate Youth Red Cross Committee, M.D University, Rohtak for bringing out information bulleting of Youth Red Cross activities. The Youth Red Cross doing excellent work for the promotion of volunteerism.

Every person between the age group of 15-35 years is considered as youth. One third of total population is youth in our country.

Everyone aged 18 and over who is able to fulfil the role offered should do the voluntary service. The students should be motivated for volunteerism so that after completion of their study, they may continue the volunteerism. I hope that the University will create a culture of volunteering in Society through its strong wing of Youth Red Cross. We expect our Youth Red Cross volunteers to respect the regulations on the use of the Red Cross emblem and prevent its muse and fulfil their duties without discrimination.

I give my heartiest congratulation to the University for bringing out Youth Red Cross information bulletin.

A handwritten signature in blue ink, consisting of a stylized 'D' followed by a horizontal line.

(D. R. Sharma)



Prof. Radhey Shyam
Programme Co ordinator



Message

Youth Red Cross and the Junior Red Cross are the extension of Red Cross which was founded by Sir Jean Henry Dunant. Youth have a strong desire to contribute directly to the betterment of society. They are both the providers and beneficiary and therefore invest more and more efforts to make the society better today and to secure the future. The Youth red Cross is devoted to the service of humanity as is the Red Cross but as the youth is full of energy so the idea was to orient them to the service of humanity and expose and train them in such activities which are being done by the Red Cross. Moreover, the emphasis is on imbibing the spirit and values of pro social behavior and service to humanity.

M.D. University Youth Red Cross is committed to involve more and more students at its own campus and in affiliated institutions in Youth Red Cross activities. It has been very active since its inception in 2011 when the M.D. University Youth Red Cross was established. I am proud to say that the M.D. University Youth Red Cross involves more students as volunteers and conduct more activities than any other Youth Red Cross unit in the Universities in the State. The activities calendar is prepared and circulated in the beginning of the session and almost all the activities are done as per schedule. The activities include Workshops on disaster management and rescue operations, health awareness and training camps, road safety and safe driving awareness rallies, HIV/AIDS awareness and prevention rallies, blood donation camps etc. The University Youth Red Cross has started Sir Jean Henry Trophy for Youth Red Cross activities in colleges and institutions affiliated to our University. The first trophy was given for the activities conducted in session 2014-2015. Since then it has become a regular feature. Moreover the University Youth Red Cross has taken a step ahead of others in moving towards attaining the objective of "Clean India Healthy India" by running 'SwachtaAbhiyan' and adopting villages and organizing health Checkup camps.

I am happy to share the information that almost all the degree colleges have active Youth Red Cross Units. I am sure with the cooperation of all the stakeholders we will be marching ahead in the service of humanity by involving and training more and more Youth in Youth Red Cross activities and thus we shall try to actualize the motto of Youth Red Cross- 'Health, Service and Friendship'.

A handwritten signature in blue ink, appearing to read 'Radhey Shyam'.

(Prof. Radhey Shyam)



**YOUTH
RED CROSS**

रैड क्रॉस – शपथ



मैं शपथ लेता हूँ कि मैं अपने और दूसरों के स्वास्थ्य की देखभाल करूँगा।

बीमारों और मुसीबत में पड़े लोगों की सहायता करूँगा। खास कर बच्चों एवं

वृद्धों की और दुनिया के सभी बच्चों एवं युवाओं को अपना दोस्त समझूँगा।



INTRODUCTION

It is well known fact that youth are the Pillars, backbone and future leaders of the country. It is our moral responsibility to inculcate in them all the human values and social commitments so that they can uplift the status of our society. They are energetic, enthusiastic and full of zeal. A large number of them are arduous. This massive manpower can do wonders provided its enthusiasm is harnessed for the growth and development of the society and humanity.

For the very purpose the university Youth Red Cross was established during the academic year 2011-2012. The University Youth Red Cross unit plays a vital role in colleges, university teaching departments, technical, engineering and other educational institutions by involving youths in activities directed towards the service of mankind.

Youth Red Cross M.D.U.,Rohtak has strengthened its overall capacity to educate youth about the working of Red Cross, importance of First-Aid training in daily life and sensitize youth about existing health problems, prevailing social evils and environmental hazards. To attain a conducive environment for healthy, virtuous and intellectual growth of youth, extracurricular activities have been designed by Youth Red Cross. These activities develop the ideology of national character and thus help in building a healthy Nation.

The University Youth Red Cross conducts various programmes and activities like:

- Promotion of health and hygiene.
- Training to youths for First Aid and Home Nursing.
- National Integration.
- World Friendliness.
- Relief work during emergencies like floods, fire, earthquake and other natural/manmade calamities.
- Eradication of social evils such a Drug-addiction, HIV/ AIDS awareness, Female Feticide, Dowry, Illiteracy etc.
- Protection of environment to combat climate changes.
- Promotion of voluntary Blood Donation and Eye Donation movement.

Keeping the above areas in view the Youth Red Cross of Colleges and Universities conduct a number of activities by involving the Youth Red Cross Volunteers.

Moto of Youth Red Cross is HEALTH–SERVICE-FRIENDHSIP

AIMS AND OBJECTIVES OF YOUTH RED CROSS

The aims and objectives of the YRC based on the principle of health service and friendship shall be as follows: The broad objectives of Youth Red Cross are promotion of health, friendship, brotherhood and render service to humanity.

- i) To promote health and hygiene consciousness in the society
- ii) To inculcate healthy living habits
- iii) To motivate volunteers for blood and eye donation and organization of such camps
- iv) To promote activities of Youth Red Cross through camps for 5 or 7 days.
- v) To organize First-Aid Training Camps/ extension lectures on health and disaster management.
- vi) To undertake relief work during emergencies like flood, fire, earthquake and other natural



calamities.

- vii) To launch awareness campaign against drug abuse, polio, smoking, alcoholism etc.
- viii) To assist the Red Ribbon Club for awareness and prevention of HIV/AIDS
- ix) To enable physically challenged and economically weaker sections of the society for better adjustment in the society, and intensive growth.
- x) Any other issues related to health and well being of the students and community including group insurance of students (accidental injuries and fatalities).
- xi) All other activities as per the guidelines issued by Haryana State Red Cross Society from time to time.
- xii) Imparting training to the volunteers for life skills and social skill development.
- xiii) Imparting training to the volunteers in rescue operations and managing disasters and natural or manmade calamities.

HISTORY OF YOUTH RED CROSS

The involvement and contribution of young people in the activities of the Red Cross has an interesting history. The genesis of their engagement originated in the province of Quebec, Canada in 1914, when school children first participated in the humanitarian work of the Red Cross work by making bandages, dressings and other comforts for soldiers. The idea soon spread to other Canadian provinces. By 1915, this idea spread to Europe while in United States, eleven million school children were engaged in similar activities.

During the World War I, several countries encouraged young people to assist in Red Cross work. By 1918 formal youth sections were organized in Australia, Canada, Italy and United States.

The creation of League of Red Cross (now International Federation of the Red Cross and Red Crescent Societies) in 1919 increased the emphasis on peacetime activities of Red Cross through the establishment of a coordination body for National Societies which to a great extent helped in the expansion of youth programmes throughout the world.

By 1921, youth sections had been created in eight countries: Bulgaria, Czechoslovakia, Hungary, New Zealand, Poland, Switzerland, United Kingdom and Yugoslavia. The following year France, Japan, Romania and Sweden also established similar youth sections, bringing the total to at least 16 countries.

In 1922, the youth programme of the Red Cross was officially recognized and supported by Resolution No. XVIII adopted by the General Council of League of Red Cross Societies.

Expansion of Red Cross youth programmes to young people outside the schools or other than those attending educational institutions were embodied in one of the General Council resolution XIX.

By 1935, 51 countries had sections focused on young people, with total membership of 15 million with a 3 point programme bringing the motto “**I serve**”.

Today, about 100 National Red Cross and Red Crescent Societies have sections dedicated to engaging young people and statistics show that as much as half of all Red Cross and Red Crescent volunteers in the world are young people.

The Indian Red Cross Society first engaged young people in its work in 1925 with the first unit set up



in Punjab in 1926 soon followed by similar units in Delhi, Madhya Pradesh, Mumbai and Uttar Pradesh.

According to the International Labour Organization report, about 40 percent of the total Indian population is in the age group of 13-35 years. The Red Cross, through its junior and youth programmes plays an important role in challenging and guiding this young energy in the cause of humanitarian action.

Active, Junior and Youth Red Cross groups offer branches a formidable strength both in times of emergency and times of preparedness. Ample opportunities must be given to young people to feel them empowered to take humanitarian action, offering their strengths, energy ideas and innovation to our movement and to their communities.

VALUING THE ROLE OF YOUTH

Youth Red Cross programmes are an integral part of the strategic approach taken by the Indian Red Cross Society. We value the diverse and important roles and that young people perform as innovators, Cross-cultural ambassadors, peer educators, community mobilisers, and most importantly, agents of behavioural change and advocates for vulnerable people.

While working alongside older generations in a spirit of mutual respect, young people bring much needed ideas and skills. The promotion of knowledge transfer and growth, combined with the personal guidance that older, more experienced volunteers of the Red Cross can offer, is seen as a key approach to develop future generation of leaders.

Our youth programmes help the Indian Red Cross Society to implement the fundamental principles of our movement through international humanitarian work, the protection of health and life, community service, promotion of national and international friendship and understanding by using the international links of the movement.

ANNUAL YOUTH RED CROSS FEE

The Youth Red Cross Fee shall be charged as Rs. 60/- annually from all the students of the University, including the affiliated colleges at the time of admission at the rates as may be approved by the Executive Council from time to time. 50% of the fee charged shall be retained by the college and remaining 50% shall be remitted to the University along with registration returns to the students. Provided that 40% of the fee so collected shall be retained by the University and 60% of the same shall be remitted to the Indian Red Cross Society, Haryana State Branch, Chandigarh by the Programme Co-ordinator, Youth Red Cross.

Provided further that in respect of the students of the University Teaching Departments, 70% share of the fee shall be retained by the University and 30% shall be remitted to the Indian Red Cross Society Haryana State Branch, Chandigarh.

COMPOSITION OF UNIVERSITY YOUTH RED CROSS COMMITTEE

There is Maharshi Dayanand University Youth Red Cross Committee herein after called as Youth Red Cross Unit for regulating its activities by the students and members of the staff of the constituent and affiliated colleges/ institutes within the territorial jurisdiction of the University. It shall be constituted in the following way:



1.	Vice-Chancellor	Chairman (Ex-Officio)
2.	Dean Student's Welfare	Member
3.	Dean, College Development Council	Member
4.	Registrar	Member
5.	Nominee of Hony. Secretary, Indian Red Cross Society, Haryana State Branch, Chandigarh	Member
6.	Nominee of Higher Education Commissioner (In charge of Youth Red Cross)	Member
7.	Director Youth Welfare	Member
8.	Programme Coordinator (N.S.S.)	Member
9-11	Secretaries of Respective District Red Cross Branches and two other Red Cross Branches by rotation under the jurisdiction of the university	Members (3)
12-21	Zonal Conveners of the District Level Committee of Youth Red Cross to be nominated from amongst the Principals of the colleges in the District by the chairman	Members (10)
22-23	Two student nominees from University Youth Red Cross Unit to be nominated by the Programme Coordinator of the University Youth Red Cross Unit, every year	Members (2)
24.	Programme Co-ordinator (Y.R.C.) (to be nominated by the Vice-Chancellor)	Ex-officio Member Secretary

NOTE: A). The Zonal Convener (s) will be responsible to implement policies and programmes of Youth Red Cross in the district. The meeting would be convened by the Programme Co-ordinator of the Youth Red Cross Unit. The tenure of the members at Sr. No. 12 to 21 shall be two years and of Sr. No. 22 - 23, it shall be one years.

B). For YRC activities in the University Teaching Departments, two programme counsellors (Youth Red Cross Counsellors) shall be appointed by the Vice-Chancellor.

UTILIZATION OF YOUTH RED CROSS FUNDS BY THE UNIVERSITIES

The Youth Red Cross funds may be utilized for the following purposes after approval of the Youth Red Cross Committee at University Level:

- a) The amount of YRC subscription will be spent on the approved objectives.



- b) Services to the youth of the University/ Colleges and the community i.e. payment of fees of deserving university college students, hospital welfare work, blood donation services community based work to bring awareness on HIV/ AIDS, Bird Flu, Malaria/ Dengue, T.B. Drug de-addiction, nutrition, safe drinking water, plantation of trees and so on.
- c) Promotion of inter-state and international fellowship of youth.
- d) Promotion of health and sanitation of the students and community, including group insurance of students.
- e) Promotion of training in First Aid, Home Nursing, road safety, providing safe water.
- f) Services for the handicapped, adopt institution/ communities, school etc.
- g) Services during drought/ flood, emergency, earthquake, any other natural calamities, eclipse by universities trained youths.
- h) 7 days camps with minimum 50 and maximum 150 participants(or as per suitability). A team of minimum 5 youths (girls and boys) and one counsellor (Lecturer) from each college of the respective district be detailed to participate. For every participant, college will pay Rs. 500/- per participant as registration fee as college share out of 50% share of Youth Red Cross fund which remains with the college will incurred. During the camp, subjects like Women Empowerment Blood Donation, Eye and Kidney Donation, Organ Donation (Transplants), Energy Conservation and awareness about problems of old age and ailment like Hypertension, Strokes, Cancer, Diabetes and Social Security issues, HIV/AIDS, Hepatitis B &C, Seasonal Infections, T.B. and Bird Flue, Disaster Preparedness, Female Feticide and Drug De-addiction will be taken up.
- i) To impart First Aid and Home Nursing training to the University and College students. Minimum 14 hours training (2 hours daily) during 7 days is compulsory. The expenditure will be met out from YRC Fund.
- j.) To organize Inter University, University level, inter college; inter class competitions in First Aid and Home Nursing.
- k.) To establish First Aid Posts on the occasion of public gatherings i.e. sports meets, functions, festivals etc.
- l.) Formation of St. John Ambulance Brigade Divisions and preparation of uniforms and accessories for the Brigade Officers and Members.
- m.) Purchase of First Aid Boxes and maintenance of First Aid rooms in all college/ department equipped with stretchers, blankets, bed sheets, beds, pillows, furniture etc. for the first aid room.
- n.) T.A./D.A. of the YRC Programme Coordinator and volunteers for attending the seminars, workshops, camps, St. John Ambulance State Competitions, establishment of first aid posts during occasions mentioned at (k) above and all other activities related to Youth Red Cross/St. John will be met out from YRC Fund.
- o.) Maintenance of records, including accounts, stationery, proceedings of meetings of YRC, maintenance of YRC registrar, details of volunteers etc.
- p.) Postage of correspondence of YRC.
- q.) Honorarium to YRC Programme Coordinators and other (s) appointed by the Executive Committee at University Level.
- r.) Refreshment to officers/ volunteers during the events related to Youth Red Cross (YRC) and St. John Ambulance .
- s.) Organization of Youth Red Cross Camps i.e. Inter University, University Level, Inter District, District Level, College Level for minimum 7 days.



- t.) To purchase equipment for training etc. and the competitions of YRC and St. John.
- u.) To organize Voluntary Blood Donation Camps (including refreshment).
- v.) To arrange awareness campaigns on voluntary blood donation, social evils, eye donation, organ donations, female feticide, drug de-addiction, child labour, woman empowerment etc.
- w.) To provide assistance to the disaster victims.
- x.) To purchase print literature related to, Youth Red Cross, St. John etc.
- y.) To create reserve of a suitable amount to meet any emergent situation/ contingency.

EXECUTIVE COMMITTEE AT COLLEGE LEVEL

There shall be an Executive Committee of Youth Red Cross at college level to promote the Red Cross activities in college. The committee may meet quarterly to allocate, sanction, funds for approved activities and review/promote activities of the unit. Vacancies, if any, caused due to resignation or otherwise may be filled by the Principal.

For each unit(50 YRC volunteers), there would be an Executive Committee consisting of the following members.

i)	Principal of the College	Chairman
ii)	Faculty Member	Member
iii)	N.C.C. Office	Member
iv)	N.S.S. Officer	Member
v)	Secretary of respective District Red Cross Branch.	Member
vi)	President/Secretary, Red Ribbon Club	Member
vii)	Incharge Women Cell	Member
viii)	Counsellor Incharge Youth Red Cross	Secretary Co-ordinator

YOUTH RED CROSS UNIT

There shall be a Youth Red Cross Unit in the college/institution to promote the Red Cross activities in the college/institutions. The unit will comprise counsellor/Incharge of the Youth Red Cross, students of college. The unit will work under the direction of counsellor of Youth Red Cross nominated by the Principal of the College/institution. The Principal of the College /Training Institutions will be the Chairman of the Youth Red Cross unit and counsellor will work as Incharge of the unit. The counsellor so appointed should have an aptitude and experience of working in the field of youth welfare. The number of the members of unit shall be minimum of 50; however, the size of the unit can be determined by the Executive Committee according to strength of the students. Incharge of the unit will further nominate President, Secretary and Cashier of the



unit amongst the students with the permission of Executive Committee. The unit will pass the resolution for organizing various Red Cross activities and placed before the Executive Committee through the incharge/counsellor of the unit for approval. Counsellor will be paid Rs. 400/- p.m as Honorarium from Y.R.C. fund of respective college.

OBJECTIVES OF YOUTH RED CROSS IN COLLEGES/INSTITUTIONS

- a. To widen the coverage of the schemes by establishing Youth Red Cross Units in all colleges.
- b. To involve students (boys & girls) of the colleges in the movement of Youth Red Cross units by enrolling them as members of YRC on payment of yearly subscription.
- c. The scheme of YRC units will be introduced in all the colleges/institutions of Haryana State (including private/technical/engineering colleges).
- d. The amount of YRC subscription will be spent on the approved objectives mentioned in the scheme and guidelines.
- e. Services to youth of the college and the community i.e. payment of fees of deserving college students, hospital welfare work, blood donation services, population education, community work, HIV/AIDS, Birds Flu, Malaria/Dengue, T.B., Drug De-addiction, Nutrition, Safe drinking water, Plantation of trees etc.
- f. Promotion of Inter State and International fellowship of youths.
- g. Promotion of health and sanitation of the members of groups and community.
- h. Services for the handicapped, adopt institutions/communities, schools etc.
- i. Services during drought/flood emergency, earthquake, any other natural calamities, eclipse by using trained youths.

5 days (preferably day camp) be organised by the Secretary, District Red Cross Branch at district level with the minimum number of participants 50 and maximum will be 150. A team of minimum of 5 youth (girls & boys) & one counsellor (lecturer) from each college of the respective district be invited to participate. For every participant college will pay Rs. 350/- as registration fee out of 50% Youth Red Cross Fund which remains with the college. During the camp, subjects like women empowerment, environment protection, eye & kidney donation, organ donation (transplants), energy saving and awareness about problems of old age, ailments like hypertension, strokes, cancer, diabetes and social security issues, HIV/AIDS, hepatitis B & C, current seasonal infections, T.B. & bird flu, disaster preparedness, female foeticide & drug de-addiction. The other activities may in volve training in life and social skills etc. The expenditure of the camp may be met out of Youth Red Cross Fund, 50% of which remains with the college.

UTILISATION OF 50% RED CROSS FUND WHICH REMAINS WITH THE COLLEGES

Fifty percent (50%) of the total income in this fund (Youth Red Cross Fund) will remain in the colleges/institutions affiliated with the respective Universities for the welfare of students. Youth Red Cross Fund may be utilized by them on the following heads:

1. Executive committee of the YRC of the respective college is competent to spend maximum of 50% out of the Youth Red Cross Fund retained with the college/UTD for the welfare of the students after



passing the resolution of Youth Red Cross Sub-Committee of their respective college.

1. First aid & home nursing training should be given to the students of Universities and colleges by the trained lecturers and district training officers of the respective district. The principal of the college will arrange the training by contacting the Secretary, District Red Cross Branch of concerned district.
2. Payment of entry fee/registration fee to be given out of this fund for participants going to attend camps organized by District Red Cross. University Youth Red Cross and other such distributions.
3. Printing and distribution of Red Cross and Youth Red Cross literature, books etc.
4. Youth Red Cross Camps/ meetings/ seminars for the youths & counsellors (Professors) within state or outside state.
5. Purchase of First Aid boxes and its maintenance.
6. Payment of fee cost of books clothes and necessary amenities to poor and deserving students.
7. Medicines and food etc. for sick and poor students of the college.
8. To provide relief material in any disaster, earthquake, fire, floods etc.
9. Expenditure for providing safe drinking water.
10. All the colleges may purchase the items available in the stores of Haryana Red Cross, Chandigarh.
11. Fifty percent(50%) amount of the YRC Fund may be kept as reserve in the fund to meet out any emergent situation/ contingency.

The fund of YRC will be deposited in a scheduled bank and the account will be operated by the Principal and Youth Red Cross Counsellor of the College and Chairman and Counsellor of the Executive Committee jointly in the University Teaching Departments/Colleges.

BANK ACCOUNT IN COLLEGES/ INSTITUTIONS

The annual membership subscription may be taken from the students at the time of admission. The money realized may be deposited in any of the scheduled Banks under separate account in the name of “Youth Red Cross” of the college /institution. The accounts shall be operated jointly by the Chairman of the unit (Principal of the college) and the Counsellor/In charge of the unit.

AUDIT OF YOUTH RED CROSS FUND

In Haryana State, Youth Red Cross sub-committee meeting held on 9th Nov. 2010, it was resolved by the house that yearly audit of Youth Red Cross Fund is mandatory and the maximum audit fee should be Rs. 2,000/- per year for Universities and Colleges/ Institutions for audit of Youth Red Cross Society.

Note:- Indian Red Cross Society Haryana State Branch issues guidelines from time to time. If there is any query about type guidelines you may contact or write to the Hony. Secretary, Indian Red Cross Society, Haryana State Branch, Sector-16A, Madhya Marg, Chandigarh.



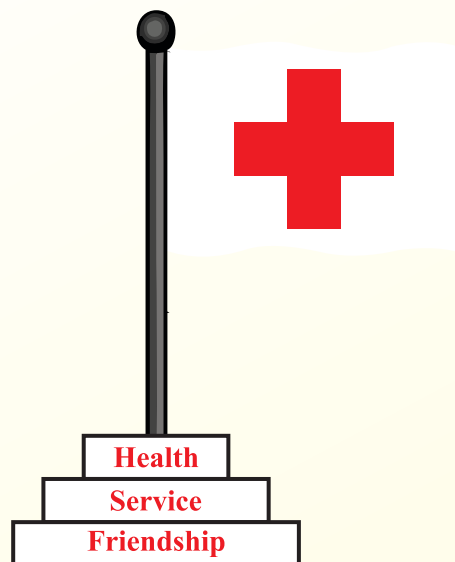
RED CROSS EMBLEM

The Red Cross on white background was the original protection symbol declared at the 1864 Geneva Convention. The idea to introduce a uniform and neutral protection symbol as well as its specific design originally came from Dr. Louis Appia and General Henn Dufour, founding of the international committee. The Red Cross is defined as a protection symbol in Article 7 of the 1864 Geneva Convention and Article 38 of the 1949 Geneva Convention (“ For the Amelioration of the Condition of the Wounded and Sick in Armed Forces in the Field”). There is an unofficial agreement within the Red Cross and Red Crescent Movement that the shape of the cross should be a cross composed of five squares. However, regardless of the shape, any Red Cross on white background should be valid and must be recognized as a protection symbol in conflict. Out of the 186 national societies which are currently recognized by the ICRC, 152 are using the Red Cross as their official organization emblem. In addition, the Red Cross is currently used by the national society of Tuvalu which has applied for official recognition.

As per Geneva Convention only four recognized emblems are to be used to denote the following : (1) Military Chaplains (2) For the care of injured and sick armed forces members (3) Armed force medical, (4) International Red Cross Crescent organization

RELATION TO THE FLAG OF SWITZERLAND

According to the ICRC the emblem adopted was formed by reversing the colours of the Swiss Flag. However, according to jurist and Red Cross historian Pierre Bossier no clear evidence of this origin has been found; the concept of the design was chosen to compliment the country in which the convention at which it was adopted was held, was promoted later to counter the objections of Turkey that the flag was a Christian symbol. This was enshrined in the 1906 revision of the Convention.





**YOUTH
RED CROSS**

**REPORT OF ACTIVITIES CONDUCTED BY
YOUTH RED CROSS M.D. UNIVERSITY ROHTAK
FROM 01.08.2016 to 25.07.2017**

1. Meeting of Youth Red Cross Committee M.D. University Rohtak

A meeting of Youth Red Cross Committee M.D. University Rohtak was held on 6-9-2016 under the Chairmanship of Professor Bijender K. Punia, Vice Chancellor cum Chairman Youth Red Cross Committee, M.D. University Rohtak in the conference hall of Vice Chancellor's office. Prof. Radhey Shyam, Programme Co-ordinator Youth Red Cross Committee welcomed the Chairman and other members. The Programme co-ordinator read out the brief progress report of activities which was appreciated by the House, In addition to this income and expenditure for the year 2016-2017, tentative Budget, Activity Calendar for year 2016-2017 and other resolutions were passed in the meeting. Meeting was attended by 17 members including District Conveners and Secretary, Secretaries of District Red Cross Societies are present in the meeting.



Meeting of Youth Red Cross Committee on 06.09.2016 at Vice-chancellor office

2. Peace Day Celebration on 21-9-2016

International Peace day was celebrated by Youth Red Cross, MDU Rohtak at Y.R.C. office on 21-09-2016. 158 volunteers from U.T.D. and local colleges participated in this programme. Programme was inaugurated by Shri Jitender Bhardwaj, Registrar M.D.U. Rohtak and same was presided over by the Prof. Surinder Kumar, Head of Sanskrit Dept. Prof. Anjana Garg and Dr. Ashish Dahiya, M.D.U Rohtak were resource person for the said programme. Dr. Babita Khoshla, Dr. Govind Singh and Dr. Rachna Bhatelia, Counsellors and Shri R.S. More Field Co-ordinator, University YRC were also present in this programme. To make this programme success efforts of Prof. Radhey Shyam Programme Co-ordinator Y.R.C. and Prof. Manish Garg, Head of Pharmaceutical Science Deptt. were appreciable.



Peace Day Celebration on 21.09.2016



**YOUTH
RED CROSS**

3. First Aid and Home Nursing Training to M.D. University Youth Red Cross Volunteers.

It is well known fact that First–Aid training in this 'Machine Yug' is very important and beneficial. Keeping in view the importance of it a 7 day First-Aid training camp was organized by M.D. University Youth Red Cross, in Youth Red Cross office from 26-9-2016 to 5-10-2016. The camp was inaugurated by Prof. Dhru Choudhary, Medicine Dept. PGIMS, Rohtak. A total of seventy five (75) students from different departments of M.D.U. Rohtak attended the said training programme. The training programme was free of cost for the volunteers and all the expenses were borne by YRC office. Sh. Daya Singh Saini, Lecture in First-Aid and Home nursing imparted the training to the volunteers. Dr. D.S. Dahiya, Dean State University Rohtak was the Chief Guest of closing function of said camp.



First Aid and Home nursing Training camp

4. Blood Donation Camp at Department of Pharmaceutical Sciences M.D.U. Rohtak on 30-9-2016.

A voluntary blood donation camp was organised on 30-09-2016 in Pharmaceutical Science department, jointly by YRC and Department of Pharmaceutical Sciences. The camp was inaugurated by Sh. Jitender Bhardwaj Registrar, M.D.U. Rohtak. He honoured the blood donors with blood donor's badges and said that Blood donation is very important and it is a life saving programme. Every student should come forward for this noble cause. Ninety six (96) YRC volunteers donated their blood in this camp. Faculty members of the Pharmaceutical Sciences department were present during the camp to make this camp a success. Prof. Radhey Shyam, Programme Coordinator, Dr. Babita Khoshla, Dr. Govind Singh and Dr. Rachna Bhateria, Counsellors and Sh. R.S. More Field Co-ordinator, University YRC and Sh. Devender Chahal, Secretary, District Red Cross Society, Rohtak were also present in the said camp.



Registrar Sh. Jitender Bhardwaj honouring Blood Donor on 30-9-2016



**YOUTH
RED CROSS**

5. Orientation Course for YRC Volunteers and Counsellors

One day University level Youth Red Cross orientation course for YRC Counsellor and volunteers of M.D.U. Rohtak and its affiliated colleges was organised on 14-10-2016 at Radha Krishnan Sabhagar M.D.U Rohtak. The programme was inaugurated by Finance Minister, Haryana, Capt. Abhimanu and function was presided over by Prof. Bijender Kumar Punia, Vice Chancellor cum Chairman Youth Red Cross M.D.U Rohtak. Hon'ble Captain Abhimanu, Finance Minister of Haryana released the bulletin of information and annual report for the year of 2015-16 of Y.R.C, MDU Rohtak. The main focus of the orientation course was to create awareness regarding Youth Red Cross activities at University and Colleges level. The volunteers were motivated for voluntary activities. Prof. Radhey Shyam, Programme Co-ordinator YRC administered the volunteers oath for the service of humanity. Prof. Jitender Kumar dept. of Physiology Central University Haryana Mohindergarh was the resource person of the said course. Prof. Radhey Shyam, Programme Coordinator, Dr. Babita Khoshla, Dr. Govind Singh and Dr. Rachna Bhatelia, Counsellors and Sh. R.S.More Field Co-ordinator, University YRC and Sh. Devender Chahal, Secretary, District Red Cross Society, Rohtak were also present in the said camp.



Capt. Abhimanu, Finance Minister Haryana, in Orientation course for YRC Volunteers

6. Sir Jean Henry Dunant Shield/Trophy for the session 2015-16

One annual Youth Red Cross Shield/Trophy in the name of Sir Jean Henry Dunant is being given to an institution or college adjudged best in Youth Red Cross activities during the session. As per maximum activities organised by All Indian Jat Heroes Memorial College, Rohtak during the session 2015-16, Sir Jean Henry Dunant Trophy was awarded to All India Jat Heroes Memorial College, Rohtak for the outstanding work by Finance Minister, Haryana in the presence of Prof. Bijender K. Punia, Vice Chancellor, MDU, Rohtak on 14.10.2016 on the occasion of Orientation Course function.



7. Blood Donation Camp at Economics and Commerce Department, M.D.U. Rohtak

M.D. University, Youth Red Cross, organised a blood donation camp in collaboration with Economics and Commerce Department, M.D.U. Rohtak, on 29-11-2016. The Camp was inaugurated by Sh. Jitender Bhardwaj, Registrar M.D.U. Rohtak. He motivated the students for Blood Donation and presented badges to the donors and appreciated the efforts of University Youth Red Cross for arranging such camps. Prof. Radhey Shyam, Programme Co-ordinator, YRC, Prof. Narender Kumar, Head of Commerce Deptt. and



**YOUTH
RED CROSS**

Prof. Santosh Nandal Head of Economics Deptt. and staff members of Economics and Commerce Department , Dr. Babita Khosla , Dr. Govind Singh and employees of Youth Red Cross office and students from different departments were present. Fifty two (52) volunteers donated blood in this camp.



8. Joint Meeting of Zonal/ District Convener and Secretary District Red Cross Societies

To promote the Youth Red Cross activities in College and discuss the various important matters. A joint meeting of Zonal/District Conveners and Secretary District Red Cross Society was convened on 18-11-2016 at YRC office, M.D.U. Rohtak under the Chairmanship of Prof. Radhey Shyam, Programme Co-ordinator, Youth Red Cross M.D.U. Rohtak. The following District convener and Secretary Distt. Red Cross were present in the said meeting.

Sr. no.	Name of District	District/ Zonal Convener	Secretary District Red Cross Society
1	Bhiwani	Not Attended	Sh. Jai Bhagwan, Asstt. Secretary District Red Cross Society, Bhiwani
2	Rohtak	Dr. J.N. Sharma, Dist. Convener Rohtak	Not Attended
3	Faridabad	Dr. Krishan Kant, Dist. Convener Faridabad	Not Attended
4	Mewat/Nuh	Dr. Ajay Chouhan, Distt. Convener, Nuh	Not Attended
5	Rewari	Manjeet Singh Represented, Distt. Convener, Rewari	Not Attended
6	Palwal	Dr. Alka Sharma, Distt. Convener, Palwal	Not Attended
7	Jhajjar	Dr. Bharti Sharma, Distt. Convener, Jhajjar	Not Attended
8	Gurugram	Sh Bhup Singh (Represented) Distt. Convener, Gurugram	Shri Pardeep Kumar, Secretary, Dist. Red Cross Society
9	Mohindergarh	Dr. R.C. Yadav, Distt. Convener, Mohindergarh	Not Attended
10	Sonepat	Not Attended	Not Attended
11	YRC, Office M.D.U. Rohtak	1. Prof. Radhey Shyam, Programme Co-ordinator, YRC, M.D.U. Rohtak 2. Sh. R.S. More, Field Co-ordinator YRC, M.D.U. Rohtak	



The following Agenda points were discussed in details in the said meeting.

1. Professional First Aid Training in Colleges/U.T.D.
2. Formation of Ambulance Brigade in Colleges.
3. To organise Inter University camp for Y.R.C. counsellors and volunteers.
4. To organise Distt. Level Health Awareness/Training Camp with the financial aid of State Red Cross.
5. To organise 3 day First Aid Training Camp for Y.R.C. Counsellors at M.D.U. Rohtak.
6. To organise health screening camp at village level by Distt. Conveners with the financial aid provided by Y.R.C. MDU Rohtak.
7. Regarding National youth Festival to be held at M.D.U. Rohtak from 12-01-2017 to 16-01-2017.
8. Financial help to students for their treatment.
9. Publication of bulletin of information and essential conditions for Sir Jean Henry Dunant Trophy.
10. Conditions of Merit Certificate to be issued to Y.R.C. volunteers.

Proceedings of said meeting have already been sent to all the District Conveners and Secretaries District Red Cross Societies for further necessary action.

9. Meeting of Youth Red Cross Counsellors of U.T.D. and Local Colleges on 20.12.2016

A Meeting of Youth Red Cross counsellors of U.T.D. & Local Colleges was held on 20-12-2016 at 02.00 p.m. at Youth Red Cross office, M.D.U. Rohtak under the chairman ship of Prof. Radhey Shyam, Programme Co-ordinator, Y.R.C, M.D.U. Rohtak.

The following were present in the meeting:

Sr. No.	Name	Address
1.	Mrs. Manju Devi	Gaur Brahman Degree College, Rohtak
2.	Mrs. Rajal Gupta	Vaish College, Rohtak
3.	Dr. Amita Khokhar	All India Jat H.M. College, Rohtak
4.	Dr. Manisha	All India Jat H.M. College, Rohtak
5.	Mrs. Priyanka	All India Jat H.M. College, Rohtak
6.	Dr. Sanjeet	All India Jat H.M. College, Rohtak
7.	Mrs. Jyoti	Govt. College for women, Rohtak
8.	Mrs. Renu Budhwar	G.C.W. Rohtak
9.	Dr. Babita Khosla	Deptt. of Environment Science, M.D.U. Rohtak
10.	Mrs. Ritu Harjai	Shri Lal Nath Hindu College, Rohtak
11.	Smt. Rachna Bhateria	Deptt. of Environment Science, M.D.U. Rohtak
12.	Mrs. Anita Singh	N.R.S. College
13.	Ms. Preeti	Vaish College of Education, Rohtak
14.	Dr. Geeta Rani	Gaur Brahman College of Education, Rohtak
15.	Dr. Vinod Kumar	Gaur Brahman Degree College of Education, Rohtak
16.	Mrs. Kavita Jain	Vaish Mahila Mahavidhalaya, Rohtak
17.	Dr. Govind Singh	Deptt. Pharma Science, M.D.U. Rohtak
18.	Shri. R.S. More	Youth Red Cross, M.D.U. Rohtak
19.	Prof. Radhey Shyam	Youth Red Cross, M.D.U. Rohtak



Main agenda of said meeting was to discuss arrangements of Medical Services/First-Aid services to the participants during 21st National Youth Festival 2016 (from 12th January to 16th January, 2017). Prof. Radhey Shyam Programme Co-ordinator welcomed the YRC counsellors and Informed that 21st National Youth Festival is being organised at M.D University, Rohtak and Main organiser of said programme is Government of Haryana. Duty of Medical service/First Aid for the said programme is assigned to Youth Red Cross of UTD and Local Colleges affiliated with M.D.U. Rohtak. Matter in this regard was discussed in details. After discussion the following decisions were taken in the said meeting.

1. Establishment of First-aid Post:- after discussion it was decided by the House that, to provide proper Health Services 24, First-Aid post be set up at various places/venues during the National Festival.
2. It was decided that one counsellor will be deputed for one post preferably from the same institution of venue.
3. Four Y.R.C. volunteers will be deputed for one post for 8 hours in rotation.
4. All the Y.R.C. volunteers and counsellors will be provided Cap, Vogal, Scarf and Volunteers Bedge by Youth Red Cross office free of cost.
5. Matter was discussed regarding transportation, Lunch, Dinner and Refreshment to counsellors and volunteers. After discussion it was decided by the House that matter will be taken up with University Authorities and decision will be informed later on to all the counsellor.
6. All the counsellors were requested to prepare a list of at least 10 volunteers from their colleges and send it to the programme Co-ordinator Y.R.C, M.D.U, Rohtak latest by 26.12.2016 for further necessary action.

It was also decided that to finalize the duties etc. next meeting of counsellors will be held on 30.12.2016 at 02.00 p.m. at Y.R.C. office. All the counsellors were requested to be present in the said meeting along with their volunteers, so that final list of counsellors and volunteers could be prepared and submitted to University Authorities for further necessary action.

10. Traffic Rules/Road Safety Awareness Workshop for Youth Red Cross Volunteers of U.T.D and Local Colleges affiliated with M.D.U. Rohtak on 30.12.2016

A Road Safety/Traffic Rule awareness workshop was organised by Youth Red Cross, M.D.U. Rohtak on 30.12.2016 in the YRC office. Dr. Ravinder Kumar, HPS, DSP Traffic, Rohtak was the Chief Guest, in his address he highlighted the need for following the traffic rules and taking Road Safety measures to prevent road accidents and consequent injuries and casualties. The workshop was attended by 20 YRC Counsellors along with 250 Volunteers of UTD and local colleges of Rohtak. On the same day after the workshop the Road Safety awareness rally was also organised. The volunteers requested the traffic rule violators to follow the traffic rules and take safety measures such as wearing helmet on



YRC Volunteers in a rally on Road Safety and Traffic rules awareness

two wheelers and wearing the safety belts in four wheelers. The traffic rule followers were also encouraged by giving them rose buds. Dr. Radhey Shyam, YRC, Programme Co-ordinator flagged off the rally, Shri R.S. More, Y.R.C, Field Co-ordinator Dr. Govind Singh, Dr. Babita Khosla, Dr. Rachna Bhatelia, YRC Counsellors and YRC official accompanied the said rally. This programme was lighten appreciated interest.



**YOUTH
RED CROSS**

11. Health Services/First-Aid Services during the *National Youth Festival, 2017*

Haryana is celebrating the year 2017 as Golden Jubilee Celebration year and a series of events are planned for this. One major event was National Youth Festival, 2017. This festival was organised by Government of Haryana at MDU, Rohtak from January, 12-16, 2017. It was a very important event where contingents from all the states and Union Territories of India participated. Around 4000 participants participated from the different States and Union Territories of India. To provide First-Aid and Medical Services to the participants was the major challenge in this mega event. YRC, M.D.U., Rohtak took the challenge and arranged 24 First-Aid posts at different locations. Out of the 24, six posts were at accommodation sites and at the registration desk where First-Aid posts were running round the clock. A total of 37 officials (YRC counsellors from Local colleges and UTD and YRC office) and 162 students, Y.R.C volunteers were put on duty from January, 10-17, 2017. Needless to mention here that the teams of medical professionals at each post were there on duty as arranged by the CMO, Rohtak. Thus YRC volunteers in collaboration with medical team (of doctors and paramedical staff) provided services to the participants of National Youth Festival, 2017 held on MDU campus. Both teams attend more than 2000 participants who required First-Aid and medical services during the Festival. Total of 18 Ambulance were arranged for the said function with the help of CMO, Rohtak.

24 First-Aid posts were established at M.D.U. campus and other venues such the Baba Mast Nath University, Rohtak and State University of Performing and Visual Arts and University of Health Science etc. providing Health Services and First-Aid services with was the major challenge and Dr. Radhey Shyam, YRC, Programme Co-ordinator was convenor of the Health Services/First-Aid Services committee from the University side for providing these services for the participants. Dr. Radhey Shyam, YRC, Programme Co-ordinator and his team did very hard work to make this programmes success and was appreciated by the participants as well as M.D.U. authorities.



YRC counsellors and Volunteers before proceeding for duty in National Youth Festival 2017



**YOUTH
RED CROSS**

12. 7 Days Health Awareness/Training camp for Girls held at Udaipur from 24.01.2017 to 30.01.2017.

Seven days Youth Red Cross health awareness /training camp was organised by YRC, M.D.U, Rohtak at Udaipur from 24th to 30th January, 2017 for girls wing of YRC. Thirty three girls from UTD and affiliated colleges participated in this camp Dr. Vijaywanti, Assistant professor, D.A.V Centenary College Faridabad, and Dr. Lajwanti Kaushal, Assistant professor, Govt. College Nahar, Rewari, were the teacher in-charge of the said camp and Sh. R.S. More, Co-ordinated the camp. The camp was inaugurated by Prof. Vijay Laxmi Chauhan, a prominent Social Worker of Udaipur on 25.01.2017 at Red Cross Bhawan, Udaipur. In her address she said that Youth Red Cross volunteers should be the responsible citizen of the country being committed to root out the social evils. During this 7days camp lecture were delivered on different topics such as history, principles, structure of Red Cross, Role of Youth in Red Cross, HIV/ AIDS, Blood Donation. YRC volunteer's organised "Road Safety and Cleanliness awareness" rallies in Udaipur Sessions were also carried out on various social issues such as "Health and Hygiene, Disaster Management, Female Foeticide, Role of Yoga in Peace and Harmony and Environmental Safety by Dr. Vijaywanti and Dr. Lajwanti Kaushal and R.S. More. During the camp Campers also visited the various historical places in Udaipur, Haldi Ghati and Mount Abu.



13. Workshop for Digitalisation/Cashless Transaction on 6th February, 2017

To create awareness among the students and staff members regarding importance and requirement of Digitalisation and Cashless transaction, a one day workshop was organised by YRC, M.D.U, Rohtak on 06.02.2017. The workshop was inaugurated by Prof. O.P. Sharma, Department of Psychology, University of Rajasthan Jaipur and Shri Romi Arora, Deputy Regional Manager, State Bank of India was key speaker. Prof. Sharma emphasised the importance of cashless society and highlighted its benefits. Shri Arora educated the volunteers for Cashless Transactions and told the safety measures. 20 Y.R.C. Counsellors and 150 Volunteers from U.T.D. and Local Colleges participated in the said workshop. Prof. Radhey Shyam presided over the said workshop.





14. 7 Days Health Awareness/ Training Camp for Boys held at Jaisalmer and Bikaner from 07.02.2017 to 13.02.2017

Seven days Youth Red Cross health awareness /training camp for boys was organised by YRC M.D.U., Rohtak at Jaisalmer and Bikaner from 07.02.2017 to 13.02.2017. 30 volunteers of Youth Red Cross, from UTDs and colleges affiliated to M.D.U. Rohtak along with 4 officials. The camp was flagged off by Prof. Radhey Shyam, Programme Co-ordinator YRC M.D.U Rohtak, on 07.02.2017 with a smile on everybody's face. The activities of Youth Red Cross started in bus only with formal introduction of all the volunteers. The teacher in- charges Dr. Rakesh Pathak, and Dr. R.P. Singh inculcated the feelings of oneness in all the volunteers. After entertaining but tiring journey of nearly 20 hours, all the volunteers were cheered as they landed in Jaisalmer, The weather was pleasant and the participants were vibrant. Sh. R.S. More, Field Co-ordinator, YRC enlightened the participants regarding blood donation which was liked by one and all. The motto of Youth Red Cross "Health, Service and Friendship". Dr. R.P. Singh, Counsellor, YRC delivered an informative lecture regarding background and importance of Red Cross in youth life. He threw light on the works done by Youth Red Cross during the time of crisis. Dr. Rakesh Pathak, Counsellor, YRC, motivated the volunteers for serving the needy and emphasized the importance of discipline in life. He urged the participants to find the volunteer inside them.

During the activities of the camp, volunteers were divided into six groups. They presented skits highlighting the importance of blood donation, work done by Youth Red Cross and other issues of National importance which were applauded by one and all. Solo song, patriotic poems, speech, raginis were performed by the participants depicting the true culture of the state. This camp was very useful for the YRC volunteers. Prof. Radhey Shyam, Programme Co-ordinator, YRC, M.D.U. Rohtak also visited the camp and said that all lesson learnt in the camp by the participants should be utilized in their day to day life. The winners of various competitions carried out in the camp were rewarded by Prof. Radhey Shyam. Over all this camp helped the volunteers to build their capacity to render the humanitarian service to the most vulnerable people in the society.

15. Dedication of Ambulance, Wheel Chair and First-Aid Boxes for the use of needy students and Staff members of U.T.D

As per requirement of students (girls & boys) and staff of U.T.D, MDU Rohtak one Ambulance, 7 Wheel-chairs and 21 First-Aid boxes were purchased by University Youth Red Cross, M.D.U, Rohtak. His Excellency Prof. Kaptan Singh Solanki, Governor of Haryana and Chancellor of M.D.U Rohtak, in the presence of Prof. Bijender Kumar Punia, Vice-chancellor, M.D.U. Rohtak dedicated Ambulance, Wheel Chairs and First-Aid Boxes on 02.03.2017 in the premises of Radha



Governor Haryana Prof. Kaptan Singh Solanki dedicating Y.R.C. Ambulance, Wheel-chairs and First-Aid boxes at M.D.U. Rohtak on 02.03.2017

Krishan Auditorium. He appreciated the initiative taken by Y.R.C. for the welfare of students and Prof. Bijender Kumar Punia briefed His Excellency regarding activities taken by YRC, M.D.U. Rohtak which



**YOUTH
RED CROSS**

were appreciated by the worthy Governor. Prof. Radhey Shyam, Programme Co-ordinator, Prof. Raj Kumar, D.S.W, Dr. Babita Khosla, Dr. Rachna Bhatelia, Dr. Govind Singh, YRC counsellors and YRC officials were present on the said occasion.

16. Counselling Session for Redressal of Personal and Professional Problems for Staff and Students of Colleges/Institutes affiliated with M.D.U. Rohtak on 07.03.2017



**M.D.U. Vice Chancellor Prof. Bijender K. Punia
Inaugurating counselling camp.**

To sort out and resolve personal and professional problems of staff and students of U.T.D and Local Colleges affiliated with M.D.U Rohtak, a counselling session was arranged by YRC, M.D.U. Rohtak on 07.03.2017 at YRC office, M.D.U, Rohtak. More than 140 students from various colleges and UTDs attended the said counselling session. Prof. Radhey Shyam, Dr. Promila Batra, Dr. Sarvdeep Kholi, Dr. Salini Singh, Dr. Naresh Kumar, from the Department of Psychology and Dr. Salini Aggarwal from Vaish College, Rohatak, were the consultants. The programme was inaugurated by Prof.

Bijender Kumar Punia, Vice-chancellor, M.D.U. Rohtak, he expresses his views that these camps are very essential in these days and YRC is doing good job in this field, and YRC should organised such camps from time to time. The counselling session was found to be very useful for students to discuss and sort out their problems.

17. Blood Donation Camp at Centre for Biotechnology M.D.U. Rohtak on 08.03.2017

A voluntary blood donation camp was organised on 08.03.2017 at Centre for Biotechnology, jointly by YRC and Centre for Biotechnology, M.D.U Rohtak. The camp was inaugurated by Sh. Pardeep Kumar Dagar, IAS, Addl. Deputy Commissioner, Rohtak. He honoured the blood donors with blood donor's badges and said that Blood donation is a lifesaving programme. Prof. Raj Kumar, Dean Student Welfare was the Guest of Honour for the said camp and he said that every student and staff members should come forward for Blood Donation with is a noble cause.



Seventy five (75) YRC volunteers, students and staff members of centre for Biotechnology donated their blood in this camp. Faculty members of the said Centre were present during the camp. Prof. Radhey Shyam, Programme Coordinator, motivated the students for Blood Donation. Dr. Babita Khoshla, Dr. Govind Singh, Dr. Rachna Bhatelia, Y.R.C. Counsellors and Sh. R.S. More Field Co-ordinator, University YRC were also present in the said camp. To make this camp success efforts of Prof. P.K. Jaiswal, Dean, Prof. Parmod Mehta, Director and Dr. Vikas Hooda, Assistant Prof. Centre for Biotechnology were appreciable.



**YOUTH
RED CROSS**

18. First Aid and Home Nursing Professional Training to M.D. University Youth Red Cross Volunteers.

It is well known fact that First –Aid training is very important and beneficial. Keeping in view the importance of it a 7 day First-Aid training camp was organized by M.D. University Youth Red Cross, in Youth Red Cross office from 28-3-2017 to 31-3-2017 and 5-4-2017 to 7-4-2017. The camp was inaugurated by Prof. Raj Kumar, Dean Students Welfare, M.D.U., Rohtak. A total of Fifty (50) students from different departments of M.D.U. Rohtak attended the said training programme. The training programme was free of cost for the volunteers and all the expenses were borne by Indian Red Cross Society, Haryana State Branch Chandigarh. Sh. Daya Singh Saini, Lecture in First-Aid & Home nursing imparted the training to the volunteers. This was special training which has been given to the volunteers.



19. Blood Donation Camp at Department of Education M.D.U. Rohtak on 18-4-2017.

A voluntary blood donation camp was organised on 18-4-2017 in Education department, M.D.U. Rohtak. The camp was inaugurated by Prof. Bijender Kumar Punia, Vice Chancellor M.D.U. Rohtak. Sh. Jitender Bhardwaj Registrar, M.D.U. Rohtak was guest of honour both the dignitaries honoured the blood donors with blood donor's badges and said that Blood donation is very important and it is a lifesaving programme. Every student should come forward for this noble cause. Eighty one (81) YRC volunteers donated their blood in this camp. Faculty members of the Education department were present during the camp to make this camp a success, efforts of Dr. Babita Khoshla, Dr. Govind Singh and Dr. Rachna Bhatelia, Counsellors and Sh. R.S. More Field Co-ordinator, University YRC and were appreciated Sh. Devender Chahal, Secretary, District Red Cross Society, Rohtak were also present in the said camp. Dr. Sarita Assistant Professor took interest to make this camp success and she coordinated the camp from dept of Education side.





**YOUTH
RED CROSS**

20. Eye Check up, Eye Donation and Eye care Awareness Training camp for students (Boys& Girls) and Teaching and Non Teaching Staff of UTD and Affiliated Colleges of M.D.U. Rohtak.

University Youth Red Cross, M.D.U. Rohtak organised an Eye Check up, Eye and organ Donation and Eye Care Awareness and Training Camp for students (Boys& Girls) and teaching and non teaching staff of UTD and affiliated colleges on 11-4-2017 at YRC office, M.D.U. Rohtak. The camp was inaugurated by Dr. Markneday Ahuja an eminent ophthalmologist of the country and Vice Chancellor, Baba Mast Nath University Rohtak. A total 150 students and staff member attended the said camp. Dr. Ahuja made a detailed PPT presentation regarding eye care and the importance of eye donation. He advised to organise such camps from time to time, so that maximum students could be benefited. His presentation was so impressive that students/staff members donated their eyes. A team of doctors and Paramedical staff was got deputed form PGIMS Rohtak for the said camp. Prof Radhey Shyam Programme Co-ordinator YRC welcomed the chief guest and other guests. Sh. R.S. More Field Co-ordinator conveyed thanks to the chief Guest and other guests. To make this camp success efforts of YRC Counsellors and staff members were appreciable.

Celebration of World Red Cross Day on 8th May, 2017

8th May, the Birth Anniversary of Sir Jean Henry Dunant, Father of Red Cross was celebrated as Red Cross Day by YRC, M.D.U, Rohtak on this occasion YRC organised Programme, abouth 200 YRC volunteer's of UTD and Local colleges participated in this programme Prof. Radhey Shyam, Programme Co-ordinator, M.D.U, presided over the said function.



21. Three Days Health Check-up camp for issuing Digital Health Cards for First Year Students of U.T.D, M.D University, Rohtak

A three days medical examination/health check-up camp for 1st year students of U.T.D, M.D University, Rohtak was organised by university Youth Red Cross M.D.U, Rohtak with the collaboration of M/s. L.P.S. Bossard Pvt. Ltd. Rohtak from 05.04.2017 to 07.04.2017 at student activity centre. Camp was inaugurated





by Prof. Bijender K. Punia, Vice-chancellor, M.D.U. Rohtak, Shri Rajesh Jain, Managing Director, L.P.S. Bossard was the Guest of Honour of said camp. Students of 1st Year of U.T.D were medically examined through a team of Medical experts from i medi Secure, Noida. All the students were issued Digital Health Cards by the said agency. Camp was visited by Shri Jitender Kumar Bhardwaj, Registrar, M.D.U, Prof. Raj Kumar, D.S.W, Prof. Rajesh Dhankher, Dr. Jagbir Rathee, DYW, M.D.U. camp of staff was appreciated by the visitors and it was opinion that this is a unique camp and will be useful for students and such camp may be organised in future also in the interests of students. To make this camp success efforts of Prof. Radhey Shyam and his team were appreciable.

22. Health Awareness and Training Camp for YRC volunteers

Health Awareness and Training Camp for YRC volunteers was organised from 16.06.2017 to 22.06.2017. The total of 125 volunteers from UTD and Local Colleges participated in the camp. The camp was inaugurated by Prof. A.K. Rajan, Dean Academic Affairs, MDU, Rohtak and Shri Jitender Kumar Bhardwaj, Registrar, MDU, Rohtak on 16.6.2017. They emphasised the role of YRC volunteers in present day society and appreciated the enthusiasm with which YRC volunteers are participating in YRC activities. The main emphasis of the camp was on the holistic development of personality of the YRC volunteers and exposing them to voluntary of activities. The following training sessions were conducting by different resource persons.

- ❖ **Prof. N.S. Gill**, Cyber Crime and Cyber Security
- ❖ **Prof. Rajesh Dhankher**, Environmental Conservation
- ❖ **Shri J.N. Gehlot**, Formation of Red Cross and its activities
- ❖ **Dr. Pardeep Khanna**, Health & Hygiene
- ❖ **Shri Anil Kumar**, Role of NGO's in Health Care
- ❖ **Shri Vijender Singh**, Road Safety
- ❖ **Dr. Pardeep Redhu**, HIV AIDS and Drug Abuse
- ❖ **Shri Madhu Kant**, Social Service
- ❖ **Dr. Rajesh Punia**, Aura: A Scientific Exploration
- ❖ **Shri Sumit Mukhrjee**, Health Awareness & Public Relation
- ❖ **Ms. Neelam and Others**, Life Skill Training
- ❖ **Manjul Paliwal**, Blood Donation
- ❖ **Prof. Renu Chugh**, Women Empowerment
- ❖ **Dr. Cheena**, Dental Care and Hygiene
- ❖ **Shri Ravi Kumar Ji**, Social Service role of NGO's
- ❖ **Dr. Anjana Garg**, Right to information and its relevance in health care
- ❖ **Prof. Umed Singh**, Yoga and Health
- ❖ **Dr. Raj Singh**, Care of Bones and Joints

The valedictory function was held in Institute of Hotel and Tourism Management on 22.06.2017. Prof. Bijender K. Punia, Vice-chancellor, MDU, Rohtak was Chief guest and Dean College Development Prof. Yudhvir Singh as the Guest of Honour, Prof. Punia appreciated the efforts of YRC volunteers and counsellors in the social services and national development. He also distributed cheques, amount in Rs. 1100/- (one thousand one hundred only) each to YRC Merit Certificate Holders. Programme Co-ordinator Prof. Radhey Shyam, Counsellors Dr. Babita Khosla and Dr. Govind Singh, Field Co-ordinator R.S. More also present.



**YOUTH
RED CROSS**

23. Celebration of International Yoga Day

3rd International Yoga Day was celebrated by MDU Rohtak in the premises of Tagore Auditorium on 21.06.2017. Prof. Bijender K. Punia, Vice-chancellor, M.D.U Rohtak was chief guest for the said programme. About 200 YRC volunteers and counsellors, staff members and faculty members of UTD, MDU, Rohtka participated in the said programme. YRC volunteers participated in Yoga for three days in the morning from 19.06.2017 to 21.06.2017 (from 06:30 a.m. to 08:00 a.m.). Prof. Radhey Shyam, Programme Co-ordinator, and YRC officials and UTD counsellors also participated in Yoga Day function on 21.06.2017.



24. Cash prizes to Merit Certificate Holders

The total of 94 YRC Merit Certificates were issued by the YRC office by 31.05.2017. Vice-chancellor, M.D University Prof. Bijender K. Punia allowed the YRC office to give cash prizes of Rs. 1100/- (one thousand one hundred only) each in the form of cheques for the encouragement of students for participating in YRC activities. These YRC merit certificate holders were distributed the cheques on 22.06.2017 on valedictory function of Health Awareness & Training camp. Professor Bijender K. Punia gave away cheques to the volunteers.



25. Zone Level Meeting of Principal and YC counsellors

To create awareness regarding youth Red Cross activities, rules and regulations of YRC at college, zone level meeting were organised as under, during the session.

Sr. No.	Date of Meeting	Zone	Venue of Meeting	Under the Chairmanship	No of participants
1.	10.04.2017	Rohtak	Gaur Brahman College, Rohtak	Principal	15
2.	04.10.2016	Sonepat	Hindu College, Sonepat	Principal	
3.		Bhiwani	Govt. P.G. College, Bhiwani		
4.		Palwal	Saraswati Mahilla Mahavidylya, Palwal		
5.	25.02.2017	Rewari	Ahir College, Rewari	Principal	10
6.	12.11.2016	Mewat	H.I.G. Government College, Thuru, Mewat	Principal	4
7.	08.12.2016	Mahendergarh	G.C.W Mahendergarh	Principal	11
8.	08.04.2017	Faridabad	Aggarwal College, Bahadurgarh	Principal	7
9.		Gurgaon	D.S.D College, Gurgaon		
10.	05.10.2016	Jhajjar	M.A. College, Jhajjar	Principal	10

26. Health Awareness/Training Camp for YRC volunteers (Girls) at Mussoorie (Uttarakhand) from 01-06-2017 to 07-06-2017.

As per YRC committee decision, second out of the State Health Awareness and Training Camp for girls was organized at Youth Hostel Mussoorie (Uttarakhand) from 01.06.2017 to 07.06.2017. Thirty Five (35) YRC volunteers (girls) from UTD and affiliated colleges participated in the said camp. Dr. Babita Khosla and Dr. Preeti Dahiya, YRC Counsellors were the camp in-charge and Shri R.S. More, Field Co-ordinator, coordinated the camp activities. Camp was inaugurated by Shri Ranjeet Singh Verma, Chairman, State Red Cross, Uttarakhand, Dr. I.S. Paul, State Secretary, Uttarakhand State and Dr. M.S Ansri, Secretary District Red Cross Society, Dehradun were the Guest of honour in the said function, all the dignitaries addressed the volunteers and makes them aware about the activities being organised by Red Cross Society, Uttarakhand. The YRC volunteers visited the office of State Red Cross and District Branch, Dehradun. Dr. M.S. Ansri, Secretary, District Red Cross Society, Dehradun gave a detailed presentation about the activities undertaken by the branch during 2013 disaster, which was appreciated by everyone and Shri R.S. Verma, Chairman managing committee of Uttarakhand State Red Cross addressed the participants on this occasion.



YRC volunteers participated in the tree plantation



programme, YRC volunteers also visited village Bhatta and interacted with the villagers. The YRC volunteers organised a rally on *f*Beti Bachao Beti Padhao. Volunteers also visited the Pondua Gurukul and participated in Havana and interacted with students and teachers of Gurukul, all the students were very impressed. This camp was very useful for the volunteers.

27. Health Awareness Training Camp for YRC volunteers (Boys) at Mussoorie (Uttarakhand) from 30-06-2017 to 06-07-2017

The second out of the State Health Awareness and Training Camp for boys was organized at Youth Hostel Mussoorie from 30.06.2017 to 06.07.2017. Thirty (30) YRC volunteers (boys) from UTDs and affiliated colleges participated in the said camp. Dr. Satywan Jatain, G.C.W. Lakhanmajra and Dr. Deepak Lathwal, G.C.W. Gurawra were the camp in-charge and Shri R.S. More, Field Co-ordinator, coordinated the camp activities. The camp was inaugurated by Shri R.S Verma, Chairperson, Managing Committee of Uttarakhand State Red Cross. Dr. I.S. Paul, Secretary, Indian Red Cross Society Uttarakhand State Branch and Dr. M.S Ansri, Secretary District Red Cross Society, Dehradun were the Guest of honour. The YRC volunteers visited the State Red Cross and District Red Cross office Dehradun and discuss about welfare activities being run by Red Cross. YRC volunteers organised a Road safety rally at Dehradun, Beti Bachao and Beti Padhao rally at Kampty fall and Swchta Abhiyan awareness rally at Mussoorie.



28. Health Check-up camp at village level:-

As per resolution no 11 of meeting of Youth Red Cross Committee, M.D.U Rohtak held on 06.09.2016. The district conveners were asked to adopt a village near their college and organized health screening/check-up camp in the said village. In the compliance of said resolution following camps were organised by the Zonal conveners in the public interest.

Sr. No.	Name of Zone	Date of Zone	Name of Village	No. of Beneficiary	Name of college organizer
1.	Sonepat	05-02-2017	Jali	164	Hindu College, Sonipat
2.	Faridabad	19-02-2017	Chandawli	300	Aggarwal College, Ballabgarh
3.	Palwal	07-04-2017	Allahpar	350	Saraswati Mahilla Mahavidhalaya, Palwal
4.	Rewari	01-04-2017	Dhadhot	200	R.P.S Degree College, Mahendergarh



**YOUTH
RED CROSS**

REPORT OF YOUTH RED CROSS ACTIVITIES CONDUCTED IN AFFILIATED COLLEGES/INSTITUTIONS DURING THE SESSION 2016-17.

Youth Red Cross Committee was got constituted by all the colleges, volunteers were got enrolled and counsellors were nominated.

1. Name of College: - All India Jat Heroes Memorial College, Rohtak

Name of Principal: - Dr. S.K. Malik

Name of Y.R.C Counsellor: - Dr. Amita Khokhar

The college YRC Unit conducted many activities including the following:

- Participated in Workshop on Health & Hygiene at YRC, MDU, Rohtak
- Organised Health Consultation and Check-up camp
- Organised Gynaecological Awareness Workshop & Health Check-up camp for females
- Attended international day of Mental Peace at YRC, MDU, Rohtak
- Celebrated International Day of Mental Peace
- Organized First Aid and Home Nursing Training Camp
- Organised a Workshop for Meditation
- Drive against Mosquito Diseases
- Awareness Programme for Blood Donation
- A Laghu Natika was played by the volunteers
- Organised Poster Making and Slogan Writing competition on Drug Addiction
- Celebrated World Mental Health Day
- Participated in Orientation Programme at MDU organised by YRC, MDU, Rohtak
- Campaign against Firecrackers
- Extension lecture against firecrackers and to celebrate Diwali festival in traditional way
- Organised Sardar Vallabh Bhai Patel Jayanti Samaroh
- Essay Writing Competition
- Slogan and Painting Competition
- Poem/Geet Writing and Recitation
- Declamation Competition
- Organised Blood Donation Camp
- Organised Eye Donation Pledge
- Road Safety and Traffic Rule Awareness Campaign
- Contributed in the organization of National and International Seminar
- World AIDS Day Celebration
- Meeting at YRC office, MDU, Rohtak on 20.12.2016
- Road Safety on Traffic Rules Awareness
- Meeting of Committee for Medical Services/First Aid during 21st National Youth Festival
- Establishment of Medical/First Aid during 21st National Youth Festival
- Organized Five days District Level YRC Training camp in A. I. Jat H. M. College, Rohtak
- 7 days out of State Health Awareness/Training camp for girls
- 7 days out of State Health Awareness/Training camp for boys
- First Aid Post in Inter School Competition C.R. Celebrations Competition
- First Aid Post in Inter College C.R. Celebration Competition
- Workshop on Digitalisation/Cashless Payment
- Lecture on Anti Stress, Anti Drug & Youth Awakening



**YOUTH
RED CROSS**

- First Aid Training under Professional Category
- Felicitation of Hon'ble Governor at M.D.U University
- First Aid Post during first and second day of Annual Athletic Meet of the college
- Participation in Counselling session at YRC, M.D. university, Rohtak
- Celebrated International Forest Day
- Dental Health Check up camp at college campus
- District Ambulance Meet 2016-17
- Rural Health Camp at Village Kansala
- Zonal YRC meeting
- Eye Check up, Eye Care Awareness Training and Eye/Organ donation camp at M.D University
- 7 Days Health Awareness/Training camp for girls at Mussoorie
- University Level YRC Training Camp organized by YRC, M.D University, Rohtak
- 7 days Health Awareness/Training camp for boys at Mussoorie



2. Name of College: - Aggarwal College, Ballabgarh

Name of Principal: - Dr. K.K Gupta

Name of Y.R.C Counsellor: - Dr. Jaipal Singh

The college YRC Unit conducted many activities including the following:

- 5 Days District Level Health Awareness/Training Camp
- Two Blood Donation Camps organized by the College
- Two 05/07 Days First Aid Training Camps organized by the College
- Seven Health Awareness Workshops/Camps organized by the College
- Five special days were celebrated by the College
- Proper Annual Report with Photos and Documentary proof
- Four Workshop/Camp/Activities attended by YRC Volunteers and organized by M.D. university, Rohtak





**YOUTH
RED CROSS**

- Eight Workshop/Camp/Activities attended by YRC Volunteers and organized by College
- Volunteers Participated in two National/State/University Level Camps
- Volunteers Participated in seventeen other activities organized by the college

3. Name of College: - D.A.V Centenary College, Faridabad

Name of Principal: - Dr. Satish Ahuja

Name of Y.R.C Counsellor: - Dr. Dinesh Chandra Kumari

The college YRC Unit conducted many activities including the following:

- First Meeting of College YRC Managing Committee on 04.08.2016
- International Youth Day Celebration on 12.08.2016
- Water Saving Campaign and Function on 18.08.2016
- Tree Plantation Campaign on 23.08.2016 to 29.08.2016
- Observance of No Vehicle Day in College Campus on 15.09.2016
- Visit and Services in Old Age Home for a Fortnight (Tau Devi Lal Old Age Home, NH-2, NIT, Faridabad) on 20.09.2016 to 04.10.2016
- Observance of World Old Age Day on 01.10.2016
- Celebration of Blood Donation Day on 03.10.2016
- Blood Donation Camp (First Camp in Session) on 24.10.2016
- Traffic Control Session with District Police, Faridabad on 25.10.2016
- National Unity Day on 31.10.2016
- Patel Birth Anniversary as National Unity Day on 31.10.2016
- Observance & Conduct of National Unity & Integration Week on 31.10.2016 to 05.11.2016
- National Disaster Management Function on 10.11.2016
- Foundation of Disaster Management Club in College on 10.11.2016
- Observance of World Aid Awareness Fortnight on 01.12.2016 to 15.12.2016
- Celebration of World Aids Day on 12.12.2016
- Observance of International Youth Day Celebration (Fortnightly Functions) on 10.01.2017 to 25.01.2017
- Cashless Payment Campaign on 23.01.2017
- National Voter's Day on 25.01.2017
- Formation of Youth Red Cross Brigade in College on 11.02.2017
- Five Days First Aid & Home Nursing Training Camp on 20.03.2017 to 24.03.2017
- Observance of National Martyrs Day on 23.03.2017
- Observance of National T.B. Day on 24.03.2017
- Traffic Rules Awareness Rally on 25.03.2017





- Observance of International Health Day (Experts from Metro & Sarvodaya Hospitals) on 07.04.2017
- College Blood Donation Camp (2nd in One Year) on 11.04.2017
- 16 Hrs (Two Days) Professional Training in First Aid & Home Nursing Course on 12.04.2017 to 13.04.2017
- World Anti Tobacco Day on 01.05.2017
- Perennial Eye Donation Campaign and Execution on 2016 to 2017
- Adaption of Campus School for Down-Trodden Children by College YRC Unit on July, 2016 to May, 2017

4. Name of College: - Hindu College, Sonipat

Name of Principal: - Dr. B.K. Garg

Name of Y.R.C Counsellor: - Dr. Umesh Kumar Bhardwaj

The college YRC Unit conducted many activities including the following:

- Five Students from First year of different streams participated in District level Youth Red Cross Training Camp organized by YRC club of GVM Girls College, Sonipat from 08.08.2016 to 12.08.2016
- In September, five students of the college participated in State Level Youth Red Cross Training Camp for Boys in Chandigarh from 01-06 September, 2016.
- On 21.09.2016 International Peace Day was celebrated in the campus
- A meeting was held on 04.10.2016 in the office of our worthy Principal cum District Convenor to discuss the further activities and also to adopt a village for health awareness/screening of the village residents, with the Principal/Counsellors of various colleges of District, Sonapat
- Ten students from our college attended fOrientation course for YRC Volunteers~ on 14.10.2016 at MDU, Rohtak
- A lecture cum workshop on 22.10.2016 was organised on the topic fTraffic Rule Awareness and Road Safety~in the seminar hall of the college
- On 05.11.2016, a declamation competition was organized in the college campus on the topic fNational Unity, Integrity and Security.~
- District Red Cross deputed retired DTO Mr. Dharmvir Dahiya for seven days First Aid training started form 08.11.2016
- Blood Donation Camp was held in the college campus on November 21, 2016 and 220 units of blood were collected in the camp
- YRC celebrated Rastriya Yuva Diwas on the birthday of Youth icon Swami Vivekanand on 12.01.2017
- One day fFree Health Check-up Camp~was organised in the adopted village, Jaji in District Sonapat on 05.02.2017. In this camp Eye Specialist, Gynaecologist, Paediatrician, Orthopaedist and a general Physician performed their duties and free medicines are also provided to the villagers on prescription
- Fifteen students from our college participated in fOne Day District Level Training Camp for Brigade Officers and Volunteers~on 24.03.2017 at CRA College, Sonapat.

5. Name of College: - Government College for Women, Rohtak

Name of Principal: - Dr. Laxmi Beniwal Dalal

Name of Y.R.C Counsellor: - Mrs. Jyoti

The college YRC Unit conducted many activities including the following:

- One Day camp was organized for plantation on 27.08.2016. It was inaugurated by Principal Dr. Laxmi Dalal through planting the trees; Volunteers planted the plants and adopted them.



- Teacher's day was celebrated on 05.09.2016. An extension lecture was delivered on the topic 'Dental Hygiene' by Dr. Aman Ahlawat, in which volunteers actively participated. After that dental check up for staff members was done by Dr. Aman & his team.
- On 19.09.2016 fogging was done in college campus with the help of Malaria department Rohtak to prevent mosquito borne diseases.
- 22 Volunteers along with YRC counsellors participated and attended one day YRC orientation programme at MDU, Rohtak on 14.10.2016
- Blood donation day was celebrated on 03.10.2016, in which a documentary film HIV-AIDS was shown to students
- From 18.10.2016 to 21.10.2016 First Aid and Home Nursing Training was organized in which 93 Volunteers were registered in this training volunteers learnt about the basics of First Aid Training under the supervision of Mrs. V.K. Bhardwaj
- On 19.11.2016, shawls were distributed to the economically weaker students of College. The chief guest YRC co-ordinator, MDU, Rohtak. Dr. Radhey Shyam and Principal Dr. Laxmi Beniwal Dalal Distributed the shawls
- On 20.12.2016 YRC counsellors attended the meeting at MDU, Rohtak regarding National Youth Festival
- On 30.12.2016, 12 volunteers along with YRC counsellors attended one day workshop on Road Safety and Traffic rules at MDU, Rohtak
- 7 Volunteers along with YRC Counsellors attended First Aid Training at MDU, Rohtak to perform duties in NYF on 09.01.2017
- From 11.01.2017 to 16.01.2017 First Aid Post was arranged to serve during NYF 2017 in which 7 volunteers and counsellors performed duties day & night
- 6 volunteers attended district level youth Red Cross Wealth Awareness camp at Jat College Rohtak from 19.01.2017 to 23.01.2017
- On 21.01.2017 One day camp was organized in the college campus in which Rally on HIV-AIDS was conducted under HIV/AIDS fortnight campaign on National Youth Day. Vice Principal Mrs. Poonam Bhanwala and YRC counsellors Mrs. Jyoti and Mrs. Renu Budhwar flag off the Rally, in evening session slogan writing competition was organized on the same theme. Judgement was done by Dr. Neelam Mangla and Dr. Anju Bala
- 2 Volunteers Anjali and Manju attended 7 days Health Awareness/Training Camp for girls at Udaipur, Rajasthan from 24.01.2017 to 30.01.2017
- One day workshop was attended by 9 volunteers and YRC counsellors on 06.02.2017 at MDU, Rohtak





**YOUTH
RED CROSS**

- Health Check up camp was organized with the help of Life Care hospital on 08.03.2017 on the occasion of women's day for the students of the college, in which Dr. Shiv Kumar (Retd. CMO) delivered a valuable lecture on health and hygiene.
- World Health Day was celebrated on 07.04.2017 and a documentary film on AIDS was shown to the students and they also actively participated in group discussion

6. Name of College: - Vaish Mahila Mahavidyalya (PG), College, Rohtak

Name of Principal: - Dr. Neera Sharma

Name of Y.R.C Counsellor: - Kavita Jain

The college YRC Unit conducted many activities including the following:

- Participate in One day workshop on Health and Hygiene held at YRC office MDU, Rohtak with YRC volunteers on 15.07.2016
- Participate in Orientation course for YRC volunteers and counsellors held at Radha Krishana Auditorium MDU, Rohtak on 14.10.2016
- Celebrated Rashtriya Ekta Saptah, on the occasion of Sardar Vallabhbhai Patel Jayanti with NSS unit and Red Ribbon Club. Participated in Run for unity and take oath on Rashtriya Ekta with volunteers and Management staff of the college on 31.10.2016 to 06.11.2016
- Participated in workshop for Traffic Rules/Road Safety held at YRC office on 30.12.2016
- Participated in First-Aid Post at Tagore Auditorium as Youth Red Cross counsellor (Event) in the 21st National Youth Festival from 12 to 16 January, 2017
- Organised an Extension lecture on “Disaster Management” with Geography Department on 12.01.2017 to 16.01.2017



7. Name of College: - Kanya Mahavidyalya, Kharkhoda

Name of Principal: - Dr. Suresh Boora

Name of Y.R.C Counsellor: - Dr. Seemant

The college YRC Unit conducted many activities including the following:

- First Aid Training Camp was held on 01.12.2016 to 15.12.2016
- Documentary movie was played for volunteers on the theme of Red Cross
- Awareness Rally and Natika was organised on the theme of Red Cross i.e. Blood Donation, HIV/AIDS and Social activities
- College level competition was organised on the theme of Red Cross
- Health Awareness/Training camp was attended by volunteers organised by GVM College, Sonipat in the month of August, 2016
- Orientation course organised by YRC, MDU, Rohtak was attended by YRC volunteers and counsellors on 14.10.2016



**YOUTH
RED CROSS**

- First Aid Training Camp was held on 22.01.2017 to 26.01.2017
- Blood donation camp was organised in college on 22.02.2017, in which 100 volunteers donated the blood

8. Name of College: - Gaur Brahman P.G. College, Rohtak

Name of Principal: - Dr. J.N. Sharm

Name of Y.R.C Counsellor: - Mrs. Manju Devi

The college YRC Unit conducted many activities including the following:

- Mrs. Manju Devi was nominated as YRC counsellor for the said session.

9. Name of College: - Vaish College, Rohtak

Name of Principal: - Dr. R.K. Gupta

Name of Y.R.C Counsellor: - Dr. Shalini Aggarwal

The college YRC Unit conducted many activities including the following:

- Oath Ceremony and Orientation programme for the volunteers was conducted on 11th November, 2016
- One day Blood donation camp was organized in the college on 6th March, 2017 and collected 123 units of blood
- Five days First Aid camp was organized in the college from 14th March to 18th March, 2017. 54 students got trained in the camp
- Tree plantation drive on 14th March in the college campus
- An extension lecture on the topic *fExams Stress Relieving Tips* was delivered by the Principal Dr. R.K. Gupta on 15th March, 2017
- A rally on *fAIDS Safety Rules* was performed in the city on 15th March, 2017. Posters making competition was also held on the same topic on the same day
- *fHow Music Works as a Therapy* a lecture was delivered by Dr. Sanjay Gupta on 18th March, 2017
- 11 students attended a workshop on the topic *fTraffic Rules* with the counsellor on 30th December, 2016 in the YRC office, MDU, Rohtak
- 8 students participated in National Youth Festival along with the counsellor dated 12th to 16th January, 2017
- 3 students attended Five Days District Level camp in A.I.J.H.M college, Rohtak on 9 to 13 January, 2017
- 13 students along with counsellor attended counselling session for personal professional problems of staff and students in YRC office, MDU, Rohtak dated 7th March, 2017
- A student got prize in State Level Declamation competition held at Dayal Singh College, Karnal dated 20 March, 2017
- 12 students attended Seven Days Health Awareness camp in YRC office MDU, Rohtak on 16th to 22nd June, 2017-09-05
- 5 students attended Yoga festival in Activity Centre, MDU, Rohtak on 21st June, 2017

10. Name of College: - Vaish Arya Kanya Mahavidyalya

Name of Principal: - Dr. Dr. Rajwanti Sharma

Name of Y.R.C Counsellor: - Dr. Manjeet

The college YRC Unit conducted many activities including the following:

- HIV/AIDS Awareness Programme was organised
- HIV/AIDS Awareness camp was organised at village Parnala
- First-Aid and Home Nursing Training was organised in the college for YRC volunteers
- A workshop was organised on the occasion of World Health Day



11. Name of College: - Tika Ram Girls College, Sonipat

Name of Principal: - Dr. Monika Verma

Name of Y.R.C Counsellor: - Smt. Nirmala

The college YRC Unit conducted many activities including the following:

- 7 days First-Aid Training Camp was organised for YRC volunteers
- Blood donation Awareness lecture was organised on 30.09.2016
- Health Awareness Training camp was organised by college YRC unit
- College YRC volunteers and counsellors participated in various activities organised by YRC, MDU, Rohtak from time to time

12. Name of College: - Government Post Graduate Nehru College, Jhajjar

Name of Principal: - Smt. Ranjeet Madaan

Name of Y.R.C Counsellor: - Dr. Jay Kumar and Dr. Sanjeev Kumar

The college YRC Unit conducted many activities including the following:

- Both YRC counsellors and 11 volunteers attended orientation course on 14.10.2016 at MDU, Rohtak
- National Communal Harmony Day was celebrated on 31.10.2016 in the college
- During National Communal Harmony week from November 19 to 25 Essay writing and poster making competition were organised and Flag Day was celebrated on 25.11.2016 in which the volunteers collected Rs. 3000/- which were sent to the National communal Harmony Parishad, New Delhi
- All Volunteers participated in Five Days training camp organized by District Red Cross Society, Jhajjar from 16.01.2017 to 20.01.2017 in the college
- Three volunteers attended training camp at Jaisalmer from 07.02.2017 to 13.02.2017
- Volunteers participated in the celebration of World AIDS Fortnight programme from 12.01.2017 to 26.01.2017 in the college
- Volunteers performed various duties in the programme of Hon'ble Governor on 23.01.2017 in the college and participated in the Mega blood donation programme organised by Red Cross Society, Jhajjar in which 1047 units of blood were collected.
- First Aid and Housekeeping training was organised for YRC volunteers in the college from 16.01.2017 to 22.01.2017
- Counsellor Shri Sanjeev Kumar attended one day workshop on AIDS on 21.10.2016 at Government College, Bahadurgarh organized by AIDS Control Society Haryana, Panchkula
- Counsellor, Shri Sanjeev Kumar attended one day workshop on AIDS on 08.03.2017 at Mini Secretariat, Jhajjar organized by District Administration and Health Society, Jhajjar

13. Name of College: - Government College, Dubaldhan (Jhajjar)

Name of Principal: - Dr. Kuldeep Singh Dalal

Name of Y.R.C Counsellor: - Ramdeep Singh

The college YRC Unit conducted many activities including the following:

- Youth Day was celebrated on 12.08.2016
- First Aid Training camp was organised from 16.01.2017 to 20.01.2017
- Blood donation camp was organised in college on 20.03.2017, 84 volunteers donated their blood in this camp
- YRC volunteers and counsellor participated in various activities from time to time organised by YRC, MDU, Rohtak and District Red Cross Society, Jhajjar



14. Name of College: - K.L. Mehta Dayanand College for Women

Name of Principal: - Dr. Vandana Mahla

Name of Y.R.C Counsellor: - Poonam Sachdeva

The college YRC Unit conducted many activities including the following:

- Students were enrolled in Youth Red Cross during session 2016-17
- An orientation programme was organized on 08.08.2016 in which the motto of Red Cross was discussed and students took an oath to serve humanity
- Examination of students' B.P. and sugar level is done by 'Rottory Sanskar' and a lecture is delivered by Dr. Anita Kant on Women Physical Problems on 12.08.2016
- On 22.08.2016 a motivational lecture delivered by Dr. Geeta Nagpal on Blood donation
- Blood donation camp was organized jointly with Red Cross Unit and Singh Hospital, 130 units of Blood were collected
- On 2nd October, 'Anti Drug Day' was celebrated by Youth Red Cross volunteers, oath taken by students 'Life does not rewind so, say NO to drugs'
- On 1st December 03.10.2016 a movie is shown to the volunteers for the awareness of HIV/AIDS
- On 27.11.2016 participation in one day training of Nodal officers and peer educators at Red Ribbon club with three peer educator
- World Aids Day is celebrated on 1st December to raise the public awareness about HIV/AIDS the following activities were conducted
 - a. Poster and Slogan making competition
 - b. Making of Red Ribbon human chain
- Youth National Day celebrated on 14.01.2017 and essay writing competition was organized.
- Nukkar Natika was shown to volunteers by B.K. hospital Faridabad on 03.02.2017 and awareness campaign on HIV/AIDS is done.
- A District level five days camp was attended by five girls along with Mrs. Poonam Sachdeva Red Cross counsellor from 13th February, 2017 to 17th February, 2017 at Aggarwal college of Ballabgarh. The main objective of the camp was the promotion of Youth Red Cross activities.
- A five days (10 Hours) First Aid Training Camp was organised by the Youth Red Cross volunteers at premises of K.L. Mehta Dayanand College for Women, Faridabad from 20th March to 24th March, 2017

15. Name of College: - C.R.A College, Sonipat

Name of Principal: - Dr. Narinder Singh

Name of Y.R.C Counsellor: - Dr. Urmila Hooda

The college YRC Unit conducted many activities including the following:

- The counsellor and 5 students attended the district level training camp organised at G.V.M. Girls College, Sonipat
- 6 students of the college attended the State Level camp at Luxmi Bhawan Dharamshala of Shri Mata Mansa Devi Shrine Board Panchkula
- One day camp was organised on the theme 'Know how to live through Art of living' on 29th September, 2016
- Ten students of the college attended orientation course on 14th October, 2016 held at Radha Krishan Auditorium, MDU, Rohtak
- First-Aid Training was given to students from 13.02.2017 to 19.02.2017. A total of 96 students were trained
- Blood donation camp was organized on 27th February, 2017 on the occasion of Death Anniversary of Chander Shekhar Azad



- One day District Level Training Camp for Brigade officer and volunteers held on 24.03.2017 at CRA college, so students from different colleges participated in this camp

16. Name of College: - Government College, Nahar

Name of Principal: - Dr. Suryapal

Name of Y.R.C Counsellor: - Dr. Lajvanti

The college YRC Unit conducted many activities including the following:

- YRC Counsellor along with 17 YRC volunteers attended the orientation course on 14th August, 2016 conducted by MDU, Rohtak
- Red Cross Unit and Red Ribbon club of college organised one day workshop on HIV/AIDS to create awareness among the students on 17.09.2016
- Organised extension lecture on fBeti Bachao Beti Padhao~by Dr. T.C. Rao on 27.09.2016
- Organised extension lecture on fHIV/AIDS~ on 29.09.2016 by Dr. Sarvejeet Thapper Dy. CMO, CHC, Rewari
- National Voluntary Blood Donation day was celebrated on 3.10.2016. Volunteers participated in rally organised to motivate people for blood donation
- Attended the orientation programme organised by GCW, Rewari on 21.10.2016
- Flag day was celebrated in college on 25.11.2016
- National Youth Day was celebrated in college on 12.01.2017
- Dr. Lajvanti, YRC counsellor participated in 7 days Health Awareness and Training camp from 24.01.2017 to 30.01.2017 held at Udaipur, Rajasthan
- 7 days Health Awareness and Training camp form 0702.2017 to 13.02.2017 attended by one volunteer boy
- First Aid and Home Nursing Training camp was organised in college from 13.02.2017 to 16.02.2017. Shri Kanchan Kumar, Trainer, Red Cross Society, Rewari told the importance of First Aid and Home Nursing
- Attended the orientation programme organised by Ahir College, Rewari on 25.02.2017
- 6 days District Level Youth Red Cross Training camp was organised started from 25.03.2017
- Cross Society, District Branch, Rewari 5 students participated from our college
- The college YRC organised other activities and actively participated in activities conducted by YRC, MD University

17. Name of College: - M.K.J.K Mahavidyalya, Rohtak

Name of Principal: - Dr. Krishna Chaudhary

Name of Y.R.C Counsellor: - Dr. Dhanpati Siwath and Dr. Sanjay Kadyan

The college YRC Unit conducted many activities including the following:

- Health Check up camp was organised on 03.09.2016
- First Aid Training Camp was organised from 15.02.2017 to 18.02.2017 for YRC volunteers
- YRC volunteers and counsellor participated in various activities organised by YRC, MDU, Rohtak from time to time.

18. Name of College: - N.B.G.S.M College, Sohna

Name of Principal: - Dr. M.S. Khatri

Name of Y.R.C Counsellor: - Dr. Sita Ahuja

The college YRC Unit conducted many activities including the following:

- Lecture on ill effects of Drug Addiction, Tobacco and Alcohol dated on 10th October, 2016
- Orientation course for Youth Red Cross Volunteers at MDU, Rohtak dated on 14th October, 2016
- Celebration of World AIDS Day dated on 1st December, 2016



- World AIDS Fortnight from 1st to 15th December, 2016
- HIV/AIDS fortnight campaign on National Youth Day from 12th to 26th January, 2017
- First Aid Training Camp from 6th March to 9th March, 2017
- Prize and Certificate distribution function dated on 5th April 2017
- Celebration of World Health Day dated on 7th April, 2017
- Zonal Level YRC meeting at DGC Gurugram, dated on 15th April, 2017
- Blood donation camp dated 22nd April, 2017

19. Name of College: - Maa Omwati Degree College, Hassanpur

Name of Principal: - Dr. A.K. Singh

Name of Y.R.C Counsellor: - Shri Narinder Sharma

The college YRC Unit conducted many activities including the following:

- Seminar on Beti Bachao Beti Padhao on 15.09.2016
- Orientation Course for YRC volunteers on 14.10.2016
- Participated in District Level YRC Health Awareness/Training Camp held from 14 -18 February, 2017
- Blood donation camp was organised on 10.03.2017

20. Name of College: - Government College Birohar, Jhajjar

Name of Principal: - Mrs. Meenakshi Nagpal

Name of Y.R.C Counsellor: - Dr. Surinder Singh

The college YRC Unit conducted many activities including the following:

- District Level Health Awareness/Training Camp
- 7 Days First Aid Training Camp/Health Awareness Training
- 7 Days Health Awareness/Training camp for boys
- AIDS Awareness Programme
- One day orientation course for YRC volunteers and counsellor

21. Name of College: - Ahir College, Rewari

Name of Principal: - Dr. O.S. Yadav

Name of Y.R.C Counsellor: - Shri Manjeet Singh

The college YRC Unit conducted many activities including the following:

- International Youth Day was celebrated by YRC volunteers on 12th August, 2016
- Shri Manjeet Singh along with five YRC volunteers attended the orientation course for YRC counsellors and volunteers held on 14th October, 2016 at MDU, Rohtak
- Free Books for Road Safety Rules were distributed to the YRC volunteers by Dr. O.S. Yadav Principal, Ahir College, Rewari on 24th October, 2016
- The Birth Anniversary of Sardar Vallabh Bhai Patel was celebrated as National Integration Day on 31st October, 2016 and National Integration Oath was administered to the YRC volunteers
- Under the Nationwide campaign of Rashtriya Ekta Saptah on the occasion of the Birth Anniversary of Sardar Vallabhai Patel from 31st October, 2016 to 06th November, 2016, an essay writing competition and poem recitation competition of National Integration were held on 04th November, 2016 and 05 November, 2016 respectively
- Under the Road Safety Awareness Programme organized by Haryana Police, a written test on Road Safety Rules was conducted on 08th November, 2016 in the college campus in which all the YRC volunteers participated
- A cashless transaction training was conducted on 31st January, 2017
- A free Health Check-up camp was organized under the banner of YRC on 18 February, 2017



YOUTH RED CROSS

- A professional First Aid and Home Nursing Training camp was organized from 21.02.2017 to 28.02.2017
- Five YRC volunteers attended the YRC camp organised by district Red Cross Branch, Rewari from 25.03.2017 to 30.03.2017 at K.L.P College, Rewari



22. Name of College: - G.V.M Girls College, Sonipat

Name of Principal: - Dr. Jyoti Juneja

Name of Y.R.C Counsellor: - Mrs. Renu Popli

The college YRC Unit conducted many activities including the following:

- 7 days YRC Health Awareness/Training Camp from 08.08.2016 to 12.08.2016
- Traffic/Road Safety Awareness Programme from 11.08.2016 to 16.08.2016
- International Old Age Day celebration on 01.10.2016
- Rally on Donate Blood-Save Lives on 17.10.2016
- AIDS/HIV Awareness Rally on 09.12.2016 and 10.12.2016
- World Health Day Celebration on 07.04.2017





**YOUTH
RED CROSS**

रैड क्रॉस प्रार्थना



धरती हरो निर्मल करो पीड़ा प्रभ हैं।
जीवन करो उज्ज्वल नव ज्योति पर्व हैं।

दुखी जनों की सेवा हम करें।
पद दलीतों को गले लगा लें।
शान्ति पथ शान्ति पथ शान्ति पथ हैं।
जीवन करो उज्ज्वल नव ज्योति पर्व हैं।

स्वास्थ्य अपने की रक्षा हम करें।
सभी जनों को मित्र बना लें।
सेवा करें सेवा करें सेवा धर्म है।
जीवन करो उज्ज्वल नव ज्योति पर्व हैं।



Tentative Calendar of Activities 2017-2018 **(From 1st August 2017 to 31 July 2018)**

August, 2017

1. Creating awareness about Youth Red Cross and motivating students for joining Youth Red Cross.
2. Constitution of Y.R.C. Committee for the year 2017-2018
3. Enrolments of Youth Red Cross Volunteers in all the colleges/Institutions and UTD
4. Nomination of Youth Red Cross counsellors in the colleges

September, 2017

1. District level Meetings/Workshop of Y.R.C. Counsellors and Principals.(On Youth Red Cross Theme and as per past practice each District Convener has to adopt village for health awareness/health screening for the residents of the village)
2. Orientation course for YRC Volunteers and Counsellors
3. Celebration of International Peace day on 21.09.2017
4. First Aid Training camp for Volunteers.
5. One day workshop on *f*Women Security and Self-defence and Beti Bachao Beti Padhao.
6. One Day program on *f*Cyber Security.

October, 2017

1. Celebration of All India voluntary Blood Donation day (1st October) and Blood Donation Camp
2. *f*Anti-Drug and *f*Say No to Alcohol Campaign and *f*Swachhta Abhiyan (Cleanliness Drive) on 2nd October.
3. Traffic rule awareness and road safety workshop/rally.
4. 7 Days Health Awareness /Training camp for Boys(Outside Haryana)
5. 7 Days Health Awareness /Training camp for Girls(Outside Haryana)

November, 2017

1. First Aid Training Camp for Volunteers.
2. One day University Level Disaster Management Workshop for Principals, YRC Counsellors and volunteers.
3. Workshop on Health & Hygiene and Pain management for YRC Counsellors and Volunteers.

December, 2017

1. Celebration of World AIDS Day (1st December).
2. Program on *f*International Day of people with different ability (3rd December).
3. To organize, counselling sessions for the students to redress their Personal and Professional Problems.

January, 2018

1. Eye check up / Donation and awareness Programme.
2. First Aid training camp for volunteers.
3. Celebration of Rastriya Yuva Diwas (12th January).
4. 7 Days All India Inter University, Health Awareness/Training camp (with the collaboration of Haryana State Red Cross) for YRC counsellor and volunteers



February, 2018

1. 7 Days Health Awareness /Training camp for Boys(Outside Haryana)
2. 7 Days Health Awareness /Training camp for Girls(Outside Haryana)

March, 2018

1. Workshop on Health Awareness and organ donation for YRC volunteers and counsellors
2. University level Health check up camp (at girls hostel complex)
3. University level Health check up camp for students and employees (at boys hostel or students activity centre of MDU, Rohtak)
4. Blood/Organ Donation camp

April, 2018

1. Celebration of World Health Day (7th April)
2. First Aid training camp for volunteers.
3. Counselling sessions for redress of personal and professional problems students and staff.
4. Blood/Organ Donation camp

May, 2018

1. Celebration of Red Cross Day (8th May).

June, 2018

1. International Blood donors Day (14th June).
2. 7 days YRC Awareness/Training Camp for Boys and Girls of UTD & Local Colleges at M.D.U. Camps.
3. Celebration of Yoga day (21st June).

July, 2017

1. Annual Meeting and Printing of Progress report and Y.R.C. Bulletin.

Note:

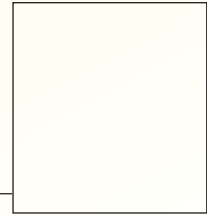
- A. Blood donation camp will be organized from time to time as per requirement of blood bank and availability of donors.**
- B. Other activities will be done as per requirement and directions of Vice-Chancellor cum-Chairman, University Youth Red Cross Committee, M.D.U. Rohtak.**
- C. The date of activities and venue are liable to be changed as per availability of place and convenience, with the permission of Vice-Chancellor cum Chairman, University Youth Red Cross.**
- D. This Calendar of Activity is for session 2017-18 and is subject to the approval of YRC committee.**



MAHARSHI DYANAND UNIVERSITY, ROHTAK
UNIVERSITY YOUTH RED CROSS COMMITTEE



Enrolment Form for(UTD YRC Volunteers) for the Session_____



- 1. Name of the Student : _____
- 2. Father's Name : _____
- 3. Male/Female : _____
- 4. Age : _____
- 5. Date of Birth : _____
- 6. Blood Group : _____
- 7. Roll No. : _____
- 8. Class : _____
- 9. Category : _____
- 10. Department : _____
- 11. Correspondence Address : _____
: _____
- 12. Mobile No. : _____
- 13. Previous Service of Youth Red Cross : _____
If Yes give details : _____
- 14. Were you a member of Y.R.C. : _____
Last Year, if any : _____
- 15. Hobbies : _____
- 16. Which Social Service you will prefer : _____
- 17. Email Address : _____

(Signature)
Y.R.C. Volunteers

Recommended by HOD

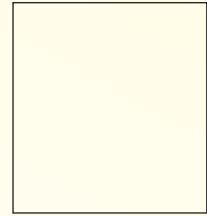
(Signature)
Counsellor, Youth Red Cross



**MAHARSHI DYANAND UNIVERSITY, ROHTAK
UNIVERSITY YOUTH RED CROSS COMMITTEE**



Enrolment Form for (YRC Volunteers)
for Colleges/Institutions for the Session_____



- 1. Name of the Student : _____
- 2. Father's Name : _____
- 3. Male/Female : _____
- 4. Age : _____
- 5. Date of Birth : _____
- 6. Blood Group : _____
- 7. Roll No. : _____
- 8. Class : _____
- 9. Category : _____
- 10. Department : _____
- 11. Correspondence Address : _____
: _____
- 12. Mobile No. : _____
- 13. Previous Service of Youth Red Cross : _____
If Yes give details : _____
- 14. Were you a member of Y.R.C. : _____
Last Year, if any : _____
- 15. Hobbies : _____
- 16. Which Social Service you will prefer : _____
- 17. Email Address : _____

(Signature)
Y.R.C. Volunteers

(Signature)
Counsellor, Youth Red Cross

Recommended by Principal/Director



**UNIVERSITY YOUTH RED CROSS OFFICE
MAHARSHI DAYANAND UNIVERSITY ROHTAK**

(NAAC Accredited 'A' Grade University)

(Room NO. 104, Mechanical Block, UIET Building)

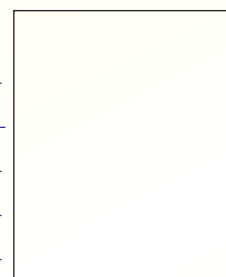
Ph .No. 01262-393156, Email: mduyrcrohtak@gmail.com



APPLICATION FORM FOR CAMP

(Fill up in Block Letters)

1. Name of the Camp/Course _____
2. Date of the Camp/Course _____ to _____
3. Name of the Applicant _____
4. Father's Name _____
5. Mother's Name _____
6. Nationality _____
7. Dept./College/Institution _____
8. Class& Roll No, _____
9. Date of Birth _____ Age _____
10. Address for Correspondence _____



Telephone Number /Mobile Number _____

11. Permanent Home Address _____

Telephone Number/Mobile Number _____

12. Vegetarian/Non-Vegetarian _____

13. Details of Previous Camps/Courses/Activity attended:

Name of the Camp/Course/Activity	Dates	Place

14. Any Special Qualification /Training/Hobbies/Experience/Relating to Youth Red Cross.

- a) _____
- b) _____
- c) _____

15. Hobbies (Singing ,Dancing, Theatre, Fine art, Literary, Sports, etc.)

- a) _____
- b) _____
- c) _____

Signature of Applicant

RISK CERTIFICATE

I hereby solemnly declare that the above particulars are correct to the best of my knowledge and belief and that if I am selected, I shall strictly abide/ adhere by the Rules and Regulations of the Camp /Course and shall be a disciplined member of the Camp/Course failing which , I will be liable of expulsion.

I also declare that if I am selected I shall attend the Camp/Course at my own risk and neither I nor my parents/ guardian will claim any compensation in case of illness/mishap/ injury /accident of any kind affecting me.

I shall be wholly responsible for any dispute/police case if happened due to my carelessness /irresponsible activity at camp site.

Place _____

Date _____

Signature of the Applicant

It is certified that I agree to details my Son/Daughter Mr/Ms _____ for the camp/course /training /activity /for which he/she has applied. In case of any illness /injury/mishap /accident of any kind affecting my son/daughter, I will not claim any compensation and will not hold the Host Institute/Youth Red Cross M.D. University, Rohtak or its staff wholly or partially responsible for the same.

Place _____

Date _____

Signature of the Father/Guardian

RECOMMENDATION OF THE HEAD /PRINCIPAL OF THE DEPARTMENT/COLLEGE/INSTITUTION

I hereby certify that the applicant Mr/Mrs. _____ of Class _____ Roll No. _____ of my Dep./College/Institution is recommended as being the most suitable student for the said camp/course /activity . The student has been found fit after medical examination Medical Certificate is enclosed to join/undergo the said camp activity at his/her own risk and that no compensation will be payable in case of any illness /mishap /injury /accident of any kind.

Signature of Y.R.C. Counsellors of concerned College/Institution

Signature of the Head/Principal with Office Seal



MAHARSHI DAYANAND UNIVERSITY
YOUTH RED CROSS
Application form for Merit Certificate



**YOUTH
RED CROSS**

(To be filled in by the Y.R.C. Volunteers)

University Y.R.C.Merit Certificate for the Year:- _____

Name of the Recommending College/Deptt. _____

Name of The student (As per Academic Certificate) _____

Class/Roll No. _____

Father's Name (as per academic certificate) _____

Contact No. _____

Email: _____

Correspondence Address: _____

ACHIEVEMENT AND PARTICIPATION IN Y.R.C.ACTIVITES

1- FIRST-AID-TRAINING

A- Certificate no. _____ B- Place of Training camp _____

C- Date of Training camp _____

2- PARTICIPATION IN CAMPS

A- Camp organized by _____ B - Date of Camp _____

C- Place of Camp. _____

3 - Participation in two international /National day / Week Celebrated by University /College concerned

Name of Event	Date of Event	Place	Remarks
1. _____	_____	_____	_____
2. _____	_____	_____	_____

4.- Details of Voluntary Service Rendered

Name of Event	Date	Place	Under supervision
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____

5. BLOOD DONATION

A. Blood Donor

B. Blood Donor Motivator

Date of Donation	Registration No.	Place of Donation	Place of Motivation	No. of Donor Motivated	Period of Motivated

If the above facts found in correct /false, I shall be responsible for the same .

Signature of YRC Volunteers

The above candidate has been considered by the college level YRC Committee meeting held on _____ and approved to recommend for the Awarded of University YRC Merit Certificate for the aforesaid session. The facts submitted by the Volunteers are true and correct as per record.

(Signature of The Head of the Institution with seal

Y.R.C. Counsellor with seal



CRITERIA FOR YOUTH RED CROSS MERIT CERTIFICATE

1. FIRST AID TRAINING

The volunteer should be trained in First Aid having Sr. First Aid valid certificate.

2. Participating in following Camps

- A. District Level Youth Red Cross Training Camp
- B. State level Youth Red Cross Training Camp.
- C. University Level Youth Red Cross Training Camp.
- D. National Level Youth Red Cross Training Camp.

Out of above 4 camps, participation in 2 camps is mandatory

3. Participation in the international/National Days & Week and the programmes celebrate by the University / Colleges concerned.

Participation in celebration of two important days is mandatory.

4. Voluntary Services

- A. Voluntary services during any disasters /calamity by setting an example of helping /saving lives.
- B. Duty on First Aid post. Established during festivals, Rallies, Sports Meets etc. As trained First Aider to help the sick and wounded.
- C. University /College /Institution constituted under Y.R.C.
At present no Brigade Division is established at University and College Level.
- D. Voluntary Blood Donor and voluntary blood donation motivator, who has voluntarily donated blood at least two times during last two years duration.
- E. He/ She can deliver lecture of various subjects a per principles of Red Cross.
- F. Participation and performance during awareness rally/ rallies on Environment /tree plantation and other social issues during the year as per Youth Red Cross Guidelines.
- G. University and College may add any other activities as is deem fit as per objectives of Red Cross.

Items No. 4 (A to G) Youth may participate any of the three programme among which the condition suggested under point No. 4(d) should be preferred.



Guide Lines for organizing District level Youth Red Cross Health Awareness / Training camp

A. For camp organised with State Red Cross Grant: All the conditions and policies of camp fixed by State Red Cross should be followed by organiser.

B. For camp organised by College/ Institute from their own YRC fund:

1. Red Cross caps/ Scarf/Vogels of YRC for 50-60 participants will be provided by YRC office, M.D.U. Rohtak.
2. Such camps need to be in collaboration with concerned district Red Cross Society.
3. After closing of camp, the college will submit accounts statement, camp report along with photos to Programme Co-ordinator, M.D.U. Rohtak.
4. Topics to be covered in the camp
 - i. History of Red Cross
 - ii. History of Youth Red Cross
 - iii. Health (Basic First Aid) to be conducted on all five days.
 - iv. Social evils as Female foeticide, Campaign against Smoking, Drinking & consuming Drugs etc.
 - v. Conservation of Natural Resources and Environmental protection.
 - vi. Protection of Human Values and Rights
 - vii. Disaster management
 - viii. Voluntary Blood Donation, Eye donation & Organ Donation
 - ix. Contribution of Youth to help Sr. Citizens and help them to deal with old age ailments/problems
 - x. Balanced Diet and nutrition
 - xi. Traffic Rules
 - xii. Yoga and Meditation
 - xiii. Swachhata Abhiyan
 - xiv. Quiz competition (on Red Cross theme)
 - xv. Extempore speech (Related to Red Cross)
 - xvi. Nukad Natika (Related to Red Cross)
 - xvii. Rally on any of the relevant Health/ Social issue.
5. Camp should be organised with the consultation and guidelines issued by YRC, M.D.U Rohtak.
6. Expenditure will be incurred as per guidelines issued by state branch
7. Participation from outside and local college is mandatory maximum 40% participants from concerned college and 60% from other colleges of the district is required.
8. Principal will constitute a subcommittee for organising the camp including the YRC Counsellor of the College.



Guidelines / Conditions for Health Check-up / Screening camp organised by College/ Institute from YRC grant, as per approval of University, YRC committee.

1. Camp should be organised in collaboration with Health Department, Red Cross Society and concerned Gram Panchayat.
2. Prior information should be given to Programme Co-ordinator, YRC M.D.U. Rohtak.
3. Expenditure should be within budget limit i.e. Rs. 20,000/- (Rs. Twenty thousand only) and expenditure should be incurred at the lowest market rate and budget head will be medicines, publicity, photo, conveyance charge, light refreshment to medical team and volunteers, tent articles, stationary , honorarium to medical and paramedical staff if not available from Govt. Hospital / Dispensary and miscellaneous items. Laboratory technicians can be hired if not available from hospital/ dispensaries and blood and urine testing kits / regents can also be purchased if needed.
4. All the Bills should be signed by the concerned Principal, Bursar of College and members of YRC Committee.
5. Bill and Camp report (along with list of beneficiaries and photos) should be submitted to Programme Co-ordinator, YRC, M.D.U. Rohtak within 10 days of camp.
6. Payment will be made by YRC office after receiving the proper bills of camp.
7. The concerned Principal will constitute a sub-committee for organising the camp and YRC counsellor must be a member of said committee.
8. There must be a due publicity of the camp for information to the masses of concerned village.

Medicines may be purchased on the recommendation of the doctors if requested and not available from the civil hospital/ dispensary and must be limited to generic medicines



**YOUTH
RED CROSS**

PROFORMA FOR ANNUAL REPORT OF YOUTH RED CROSS

1 August to 31 July _____

1.	Name of the University/ College/ Institution	
2.	No. of Registered Counsellors	
3.	No. of students on roll	
4.	Activities organized in the University / College / Institution (Please attach a separate sheet mentioning each activity in detail)	
5.	Number of poor & needy students helped out of Red Cross fund. i) University / College / Institution ii) No. of student given clothes iii) No. of Students given books. iv) No. of Students given medicines	
6.	Income during the year by collecting Red Cross subscription	
7.	Expenditure during the year on Welfare of students and other activities	
8.	No. of Youth Camps attended by Students	
9.	No. of blood donation camps organized and no. of donor donated blood	
10.	Community project (Attach brief reports)	
11.	Youth Red Cross budget approved by the Executive Committee or University / College (Details of budget may be given)	
12.	How much Red Cross fund fee is charged from each student	
13.	Balance amount in Red Cross fund on previous financial year	
14.	Audit of Youth Red Cross fund. Attach Audit Report of financial year	
15.	Details of deposits amount. Name of Bank Saving Account/Current Account	
16.	Any other information (Please use extra sheet if required)	

Signature & Seal of Principal

Note: The Annual & Audit Report should be submitted to the University concerned by the colleges/Institutions and University will further submit the reports along with the annual Youth Red Cross subscription to the office of Hony. Secretary, Indian Red Cross Society, Haryana State Branch, Chandigarh.



**YOUTH
RED CROSS**

Criteria for Sir Jean Henry Dunant Trophy for Best College in YRC Activities from the session 2017-18

Minimum Qualifying Marks: 40,
100

Maximum Marks:

A. Essential Conditions to consider the College/ Institution for Trophy

1. Constitution of College Level YRC Committee.
2. Nomination of YRC Counsellor
3. Enrolment of YRC Volunteers
4. Opening of Separate YRC bank account/ maintain separate accounts in ledger (for 2017-18)

Activity Bases:-

S. No.	Activity	Maximum Marks
1	Organisation of 05/07 days District Level Health Awareness/Training Camp (05 marks for each camp)	10
2	Organisation of 05/07 days First Aid Training Camp (05 Marks for each camp)	10
3	Participation in National/State /District/University Level Camp (05 marks for each participation)	10
4	Workshop/Activities attended by YRC Volunteers organized by MDU Rohtak (02 mark for each participation of 5 volunteers and the counsellor)	10
5	Awareness Workshop/Camp/Activities organized by college on the theme related to YRC (02 marks for each)	10
6	Celebration of National/International Days by college on the theme related to YRC (02 marks for each)	10
7	Blood Donation Camps (05 marks for each Camp)	10
9	Health Check-up camp organised by the college (04 marks for one camp, 04 for the follow up or second camp in college campus and 07 marks for the camp organised in the village adopted)	15
10	Proper Annual report with photos and documentary evidence/proof	5
	Total marks	100

Note: In case of more than one College/Institute scoring equal marks, the trophy will be awarded for that session to each one.



**YOUTH
RED CROSS**

STATE YOUTH RED CROSS AWARDS

The Criteria for Youth Red Cross Awards is as under :-

Category	Criteria for Awards
1. For Universities (Institutional Awards) Vice-Chancellor or his/her nominee will receive award in AGM	<ul style="list-style-type: none">a. First Aid Training in the Universities should be minimum of 10% of the total strength of students of University campus.b. Minimum one, one day Youth Red Cross seminar and camp to be organized for the strength of 50 students.c. Minimum one voluntary blood donation camp be arranged during the financial year with minimum 50 donorsd. Celebration of World Red Cross Day on 8th May (Birth Anniversary of Sir Jean Henry Dunant, founder of Red Cross should be celebrated on 8th May on any other convenient day during the year), 12th August as fund raising day etc.e. Celebration of important days & weeks (14th June Blood donors Day, 1st October All India Voluntary Blood Donation Day, 1st December, World AIDS Dayf. Awareness rally/rallies on Environment/Tree Plantation during the year <p>Youth Red Cross share should be cleared by 28th February of every year by the Universities for the same financial year</p>
2. Individual Award for Programme Co-ordinator, Youth Red Cross of the University	<p>This individual award will be given to those Programme Co-ordinators, Youth Red Cross of the Universities, whose University will be selected for the institutional awards on the basis of their outstanding performance</p>
3. For Colleges/Institutions (Institutional Awards) Principal of the College will receive award in AGM	<ul style="list-style-type: none">a. First Aid and Home Nursing Training in the Colleges should be minimum of 10% of total students in the collegeb. Minimum one, one day Youth Red Cross seminar and camp with minimum 50 studentsc. Minimum one voluntary blood donation camp be arranged during the financial year with minimum 25 donorsd. Celebration of World Red Cross Day on 8th May (Birth Anniversary of Sir Jean Henry Dunant, founder of Red Cross should be celebrated on 8th May on any other convenient day during the year), 12th August as fund raising day etc.e. Celebration of important days & weeks (14th June Blood donors Day, 1st October All India Voluntary Blood Donation Day, 1st December, World AIDS Dayf. Awareness rally/rallies on Environment/Tree Plantation during the year
4. Counsellor's Award (Individual Award for the Counsellors of Youth Red Cross at Universities and Colleges)	<p>The Counsellor awards will be given to those Counsellor who's University/College will be selected for the Institutional awards on the basis of their outstanding performance.</p>